

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Period: \_\_\_\_\_

# Pemakanan

B K U F L E M A K Q K O I T K S M  
P E N C E R N A A N E B M G U L A  
P V S C R A Y A M O K E R A M Q V  
K T T O X Z V L E L G S S E R A T  
R E U K B L Y D L Y Y I Y F E A P  
U N M L J B U A H K P T Q F N V R  
G A B A X Y U G I A W I F L F G O  
S G E T W B U I Q R M J H T Y G T  
U A S Z Z Q J N P B E P A S T A I  
S B A E A E K G U O N I V K K S N  
U O R E D O D U I H T X I R N R G  
I E A S A Y U R A I E E T O A D U  
U V N T B W Q J K D G U A T Q S N  
X V K C E R D A S R A W M I V A Q  
T E K A N A N K G A G H I D S W L  
G C D S N A S I X T F O N W T J F  
U J I R T L U P I R A M I D T A S

|             |            |            |         |         |
|-------------|------------|------------|---------|---------|
| Karbohidrat | pencernaan | tumbesaran | tekanan | mentega |
| obesiti     | piramid    | vitamin    | cerdas  | coklat  |
| daging      | protin     | tenaga     | pasta   | lemak   |
| sayur       | serat      | nasi       | roti    | ayam    |
| buah        | gula       | susu       | kek     |         |