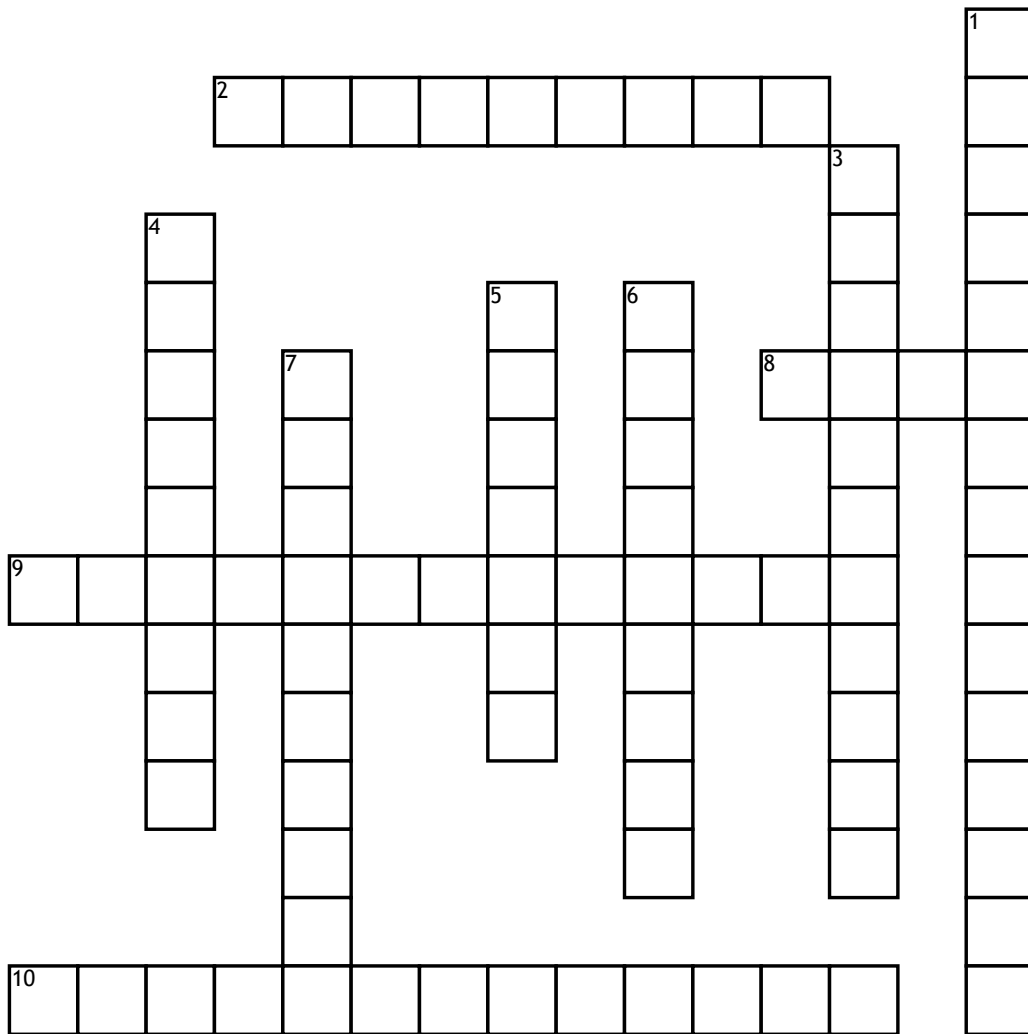


Peer Support



Across

- 2. how can we learn about ourselves, others, or subjects
- 8. What is something that keeps us going, the light at the end of the tunnel
- 9. Connecting with hope based thoughts rather than moving away from fear based ones
- 10. What can we use to build our wellness

Down

- 1. Something you've experienced in your life
- 3. Story that is in between the lines
- 4. Something that everyone has, but each person sees it differently
- 5. What do we need in order not to feel alone
- 6. Connecting with people in a respectful manner
- 7. Sharing lived experiences can help create this

Word Bank

- | | | | |
|------------------|----------------|--------------|----------------|
| Lived Experience | Moving Towards | Hope | Worldview |
| Mutuality | Education | Untold Story | wellness tools |
| Support | Connection | | |