

Name: _____

Date: _____

Peace

G G E N T L E V T W Q O Z J D A V
M Z K Z K V J D D E V O R X R I R
T Q L N E M U R Q Q D Y W N J W O
C F P U X Y T P A F S M X O P L Z
G V U C O M M U N I T Y E I F D D
R W V S R V Q R E D Z O N E S J G
E O I K T Y Z O L D B R A I N O B
E N O Z R E S P E C T H U S N D X
N E H Z Q A Y L C O P O C A K P J
Z W T F M G V U A K E J X M I C N
O B E G M D B L E V P X E I N Y L
N R Z S I S L O K A L M O N D I R
E A O A S P E A C E A C R D N N A
S I O F H L R B C H C Z G F E K W
T N P E F E T Q H S V V S U S K G
Z G W R V L X G Y F A J F L S I C
Z B R O K D Q C T N G R M P R W T

Green zone
new brain
mindful
Peace

community
kindness
respect
safe

old brain
Red Zone
gentle