

Name: _____

Date: _____

Period: _____

Patellofemoral Syndrome

F P R E S S U R E I D U Q S M A M U A R T M W S
W H J D F O O Q A E F K K G D H P E B F H M R T
P F W O K A N W E A P Q L S B P A Y X F W I G N
U M K N E E C A P O W Y N W L A T Z I Q N O V E
U N R E N N N A F G X T T E W I E S F U U Y R M
E R I G A U Y C D E G Z Z L L N L N O I L T U A
O S V N G T S E L C S U M L X T L C G B Z I N G
A L L A B T E K S A B L T I X U A W Z Z E L N I
I T R A C K A I H O J C Q N R G R D J G Q I E L
Q O D A C R G P P V X J D G O X C F C C Z B R E
B Y O L I L N U U Y B R C S N D O G T U M A S L
E R U T C A R F S S G O L Z K I M Y E N Q T K H
T K Y R T N U O C S S O R C H F P R N O P S N C
H B X N Z H W G H D L H Q T Z W R L D E Z N E U
X B U T U W S R I C E C R L M I E X O J L I E Z
F O G D N P Q B J U P H K E T Z S G N O R I L Y
I N O I T A C O L S I D Z P T Y S Y S I T Q N J
H N H F X H V I I R H H V A E L I X X S R V H V
J E M O R D N Y S L A R O M E F O L L E T A P K
Y W W D U P G B P C C J G M W J N R B A N R Z S
Q S A H W B D D C F S G Q D N R H L O C K I N G
Q Z F Y D Y O Q H T J I C T E O K C Q I I B M A
Q Z O Y Q W R L L A B Y E L L O V T V M S U R N
F A N Y S L W T S J M X S A V A D D Z B A P H P

Patellofemoral Syndrome
runner's knee
basketball
fracture
kneecap
tendons
pain

patellar compression
dislocation
volleyball
pressure
locking
Trauma
RICE

cross-country
instability
ligaments
swelling
muscles
track