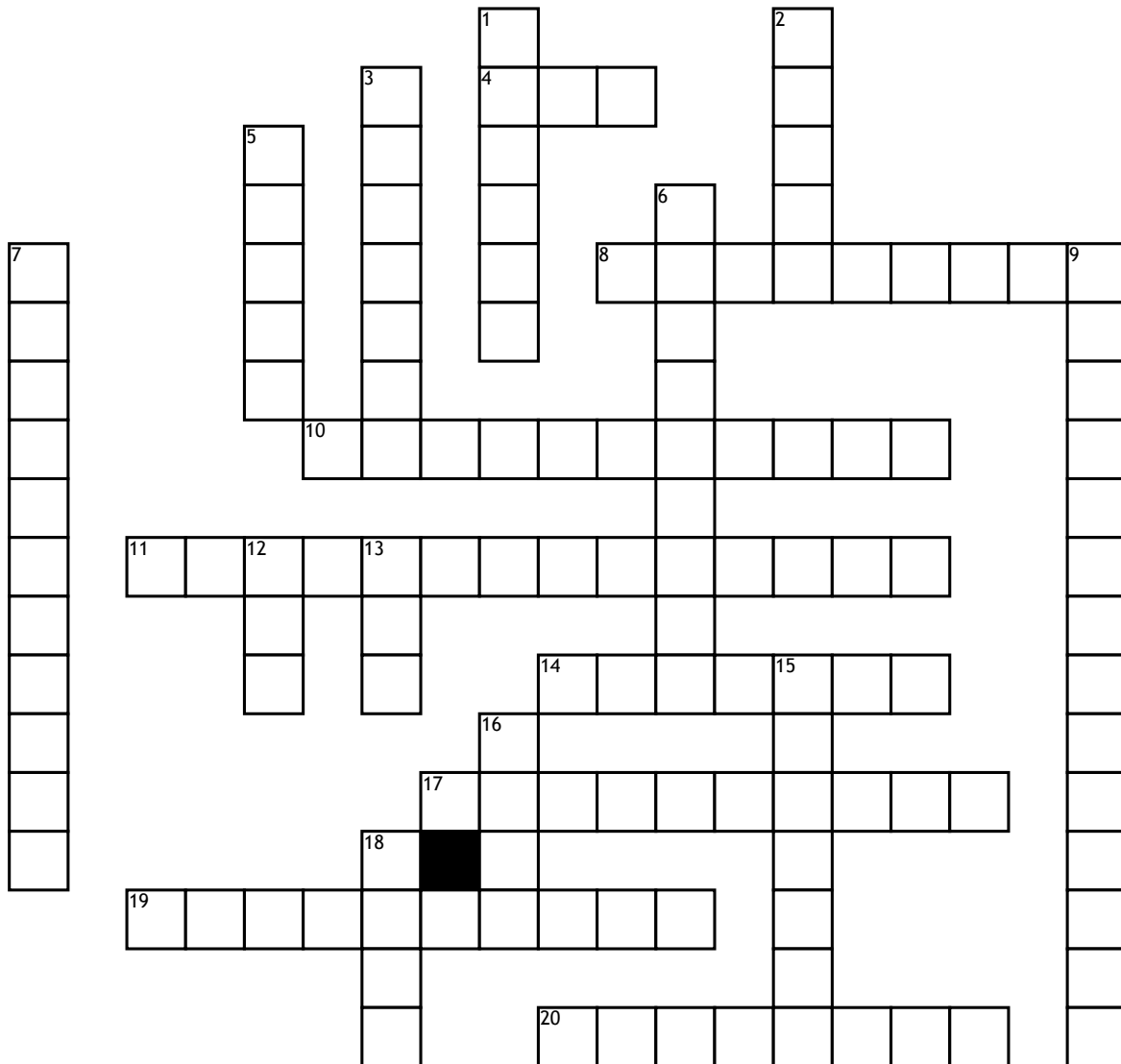


PE Activities & Games



Across

- 4. Maximum number of hits on each side of the badminton court?
- 8. What is the muscle in the back of the thigh?
- 10. Stretching our muscles helps to increase our _____.
- 11. What game did we play in the gym using colored bands and a basketball?
- 14. What type of exercises involve movement?
- 17. What is it called when you carry the ball in basketball?
- 19. What game used a volleyball & net?

- 20. Push ups help us increase our upper body _____ ?

Down

- 1. What games uses a stick and a puck?
- 2. What are you not allowed to use in the game of soccer?
- 3. What is the game that uses a football on the basketball court?
- 5. What exercise requires you to hold you body in a horizontal plane without touching the ground?
- 6. What game uses a birdie and a racquet?

- 7. What is your PE teachers name?

- 9. What is the largest muscle in the body?
- 12. What are you not allowed to have in PE class?
- 13. What do you use to hit the ball in Volley Bat Ball?
- 15. What test do we use to test your cardiovascular fitness?
- 16. What type of soccer game used a VERY LARGE Ball?
- 18. How many muscles are in the Quadriceps?