

PDHPE Vocabulary

C V C V J U M P I N G H T L A E H
S E T A R D Y H O B R A C C A T S
C W G U G O D I Y P L A O H V R J
E D N X J X B A T N A Q H R U O X
L S I K S V A T I M E F M E S P G
G G N D B U I J S T F S V A A S J
N N N X B U I D E J T I G T T R R
A I U F R Z G S B I T G U A M C L
I V R F F D F N O C N P Z E Q T O
R R D A Z P A U A I S X H M E Y Y
T E C D O O F C P O E I J I S X X
D S L N J T V P H B E Z D Z I F Y
O K V D C A I G L T U O K R O W G
O F P Y P K H T O T S V T D B P E
F E X F S M P O I D R A C Y F W H
G F V F I T N E S S K U Q W R J V
J S E L B A T G E V N X P K T R S

Carbohydrates
Skipping
Jumping
Fitness
Health
Food

Food triangle
Servings
Running
Cardio
Fruit
Diet

Vegetables
Workout
Obesity
Active
Sport
Meat