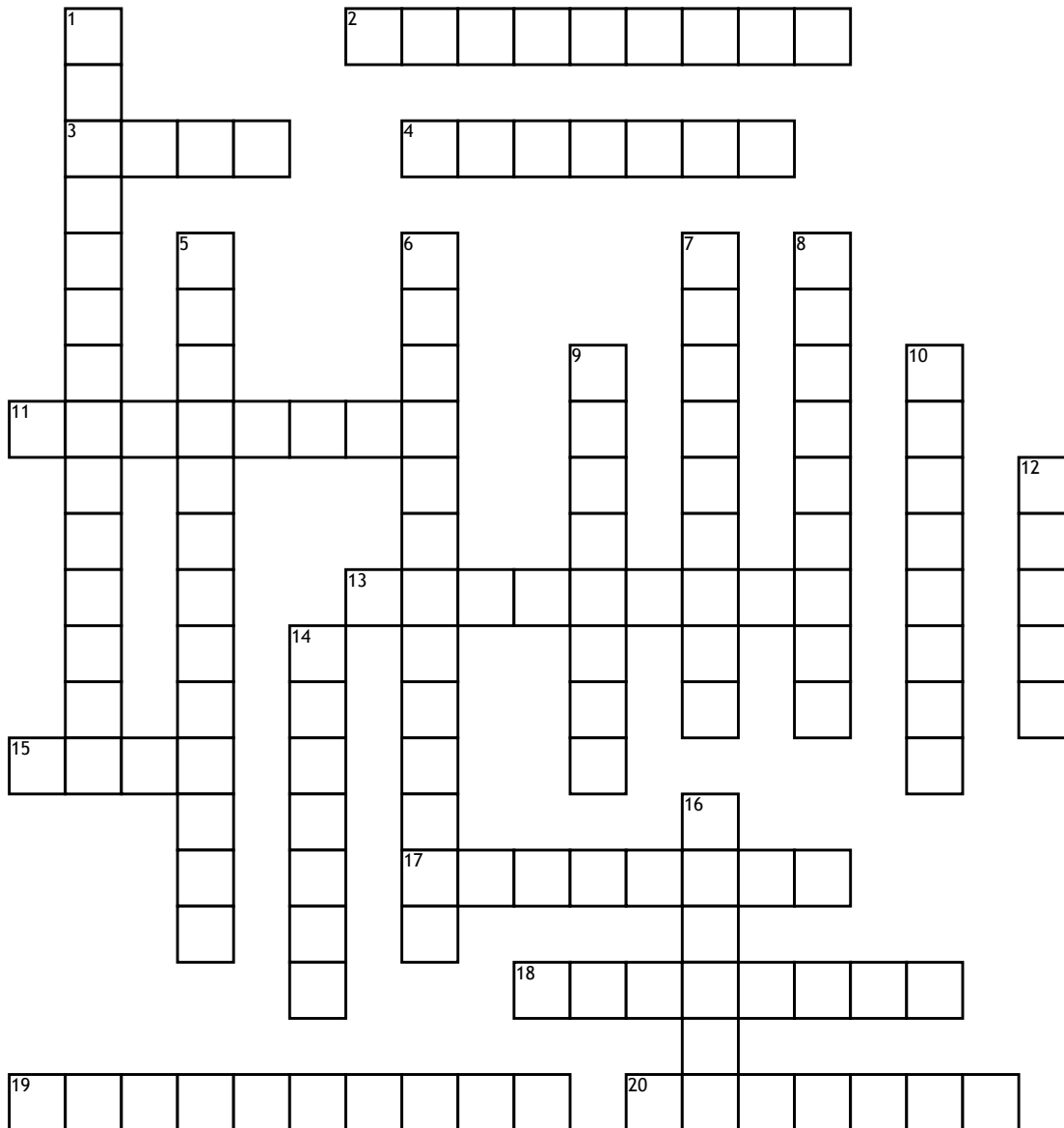


Name: _____

Date: _____

PDHPE



Across

- 2. a task
- 3. a challenge that could be dangerous
- 4. a simple sugar which is an important energy source in living organisms
- 11. gives you energy and needs to be burned off
- 13. speed your blood waves travels along the arteries
- 15. a substance that can either positively or negatively affect your body

17. substance that is essential for the maintenance of life and growth

18. physical movement intended to hurt

19. slows down the nervous system

20. a disease lasting for a long time

Down

1. includes the heart and is important

5. makes you see things that are not there

6. repetitive rude comments online

7. speeds up the nervous system

8. positive attitude

9. disease with increased glucose in blood

10. continuous rudeness and could be physical or verbal

12. sadness caused by a loss

14. physical activity to keep healthy

16. the state of being well