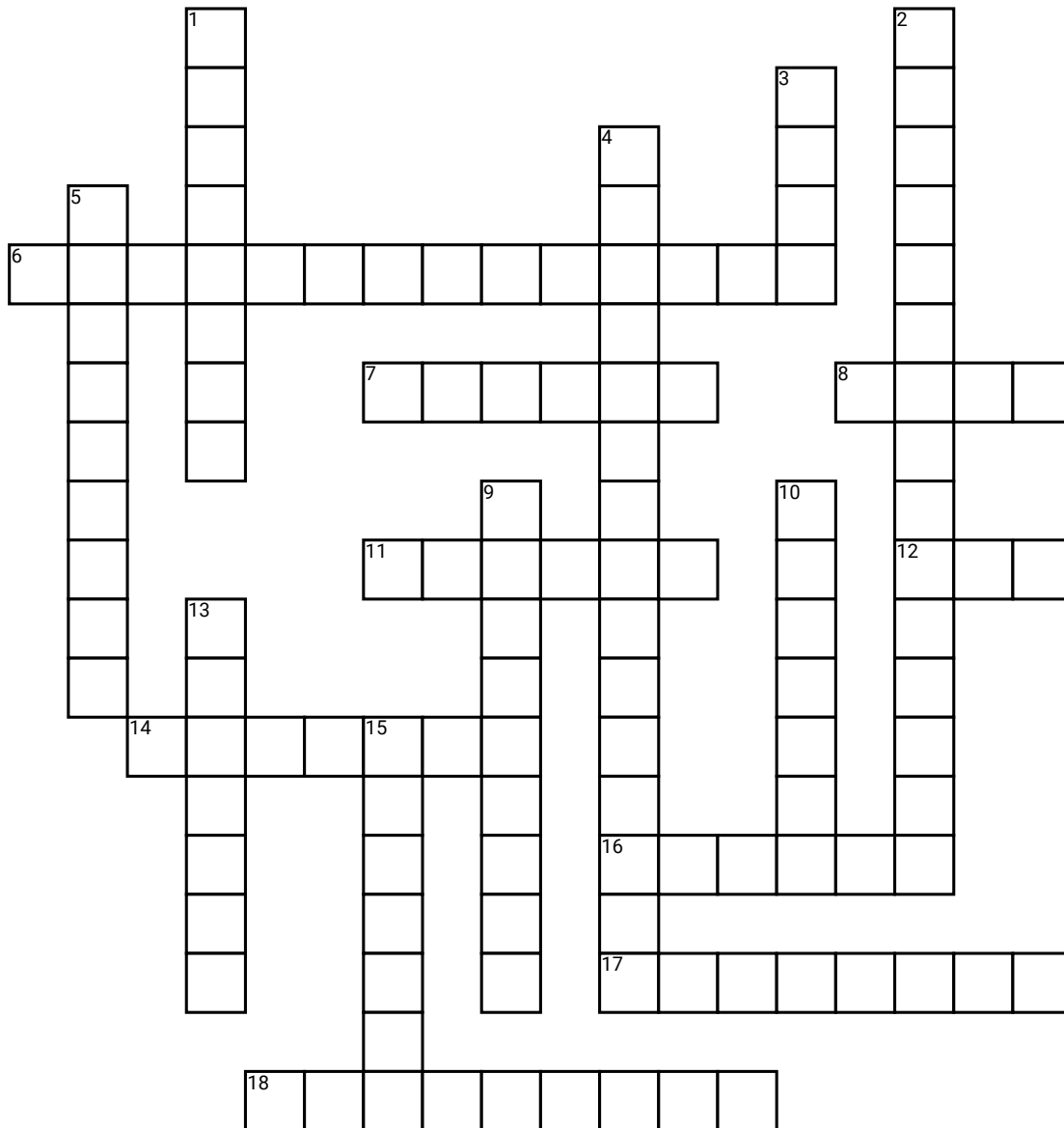


# PAWS Brain Exercise



## Across

6. These drugs bind to dopamine receptors.

7. Lack of \_\_\_\_\_ is a symptom of PAWS

8. Know the symptoms of PAWS and have a \_\_\_\_\_ to deal with them when they happen. This will help you fight through them and take back your power & control.

11. One way to help you get through PAWS is to make a \_\_\_\_\_ for your journey.

12. PAWS can last up to how many years?

14. PAWS were first defined for what substance use disorder?

16. It is estimated that \_\_\_\_\_% of recovering opioid users experience PAWS.

17. Suddenly stopping alcohol consumption can lead delirium tremens which unmanaged can lead to what?

18. Difficulty with \_\_\_\_\_ tasks (such as learning, memory recall) is a symptom of PAWS.

## Down

1. Another word for intense urges

2. A term that refers to the brain's ability to change and adapt as a result of experience.

3. Acronym for Post Acute Withdrawal Syndrome

4. While few people abuse these drugs recreationally, stopping them suddenly can dramatically change the levels of serotonin and other neurotransmitters in the brain.

5. Inability to feel pleasure

9. \_\_\_\_\_ is POWER.

10. Low energy & \_\_\_\_\_ are symptoms of PAWS.

13. Returning to a habit you associate with your drug of choice could lead to \_\_\_\_\_.

15. PAWS is just a temporary set of symptoms, which you can accept, knowing that it is merely evidence that your brain is \_\_\_\_\_.