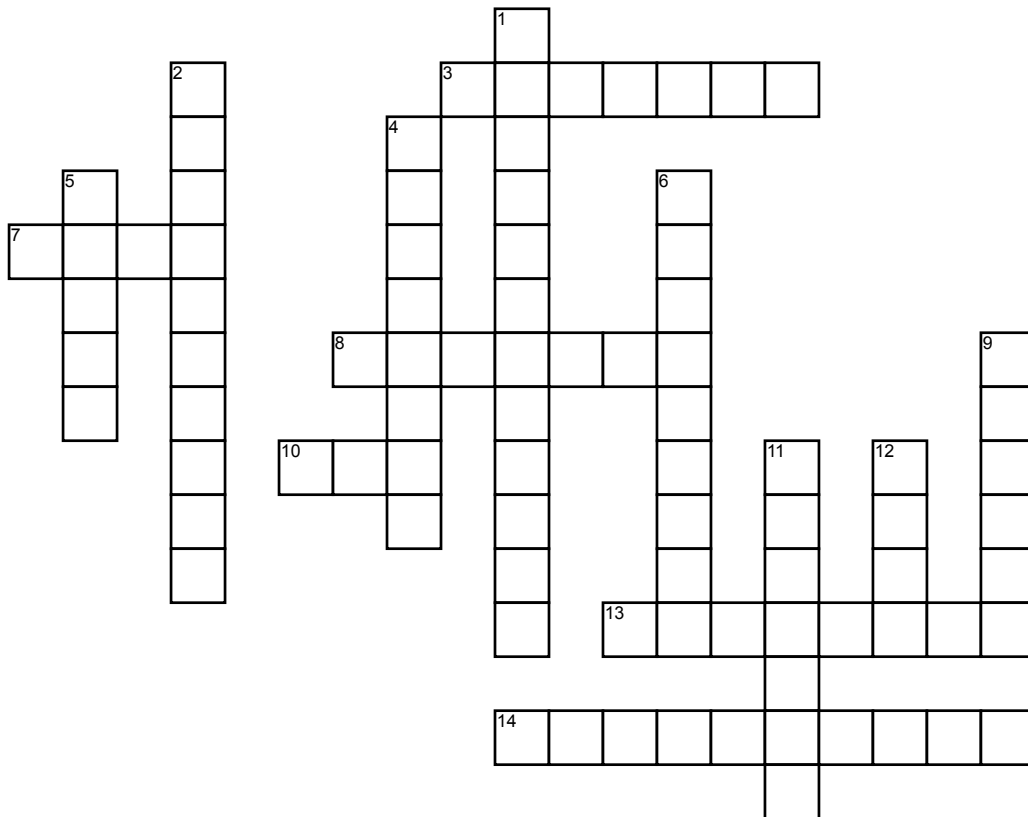


Name: _____

Date: _____

Outdoor Safety



Across

3. Use proper _____ techniques when lifting or moving heavy objects.
7. Avoid _____ clothes at night.
8. Be cautious of slip, trip, & fall _____.
10. Always make sure you wear your proper _____ when pressure washing outside areas.
13. When kneeling to plant flowers, work gear can include _____.

Word Bank

- | | | | | |
|---------|------------|--------------|---------|-----------|
| hazards | backstrain | kneepads | stretch | sunscreen |
| LPSA | reflective | weedwhacking | PPE | storms |
| panic | dark | hydrated | bending | |

14. Before heading out on a hike, be sure to wear a _____ vest.

Down

1. Safety glasses should be used when _____.
2. Potential back injury while planting flowers can include _____.
4. Always stay _____ in warm weather.
5. If lost, you should not _____.
6. When going to the beach, you should always pack _____ to prevent sunburn.
9. Shelter in place to protect against _____.
11. Before exercising you should always _____.
12. Perform your _____ before using any outdoor equipment