

Name: _____

Date: _____

Optimism vs Pessimism

R D U Q I S Q O T O C W O T K J W O K G Q D U N
 J D V M C R H I T Q Y C I F L Z I L O R V T K U
 A A A I I C G N T C Z J A J C D W M B L Z M L V
 Z B V V W M O T R U S T D G F O E X G I U F N A
 W U D H H U M W G R H E M P A T H Y B K S J E I
 P K D G A N B W X Q V A I S Y K U V U H F H G K
 U S Q R K I N W T C O U R A G E L M U Y B R A X
 Y A T M A H B P H E E P O H R Y I S V I I X T V
 S W A K W X Q Q J E T E T A Y O F R I E N D I N
 X X R I H P Q F R D N A M T H U H B S C V M V B
 X X I D A R M U L S U K H A U N C A R I N G E B
 S T N G N K N V I S T D L G R T Z B S I N X E M
 C G G H A E T Y E X R Q J N J B D L S G A Y Q Y
 A P A A U Q G B J X I B Y A M H S M S P G W F Y
 R O T Z N J C U H H T G H T C E S T E O S O U P
 E D U Y G G S L B S I P L I G N E A R S A R J U
 D I R M A M L U S I O S L K D H N N T I F R F T
 Y T I Z T N E D I F N O C A M G T C S T E I V A
 L T M L A N J H B L E I N A A W I F A I G E R M
 Y Y N K N S T S D E Z R M N O S F X S V A S J O
 P F Y M G M H E F S Q H L A Q I O G P I F I V H
 P O K W A E J A T Y J M V M T H I C I T Q H B I
 A X M H S D R O W O N P R G M C X W Y Y G T Z O
 H K Z W R V K N D X U L L R E S T R O N G R T W

Whakawhanaungatanga
 Putamohio
 Negative
 Fitness
 Scared
 Trust
 Hope

Manaakitanga
 Confident
 No Words
 Empathy
 Stress
 Happy

Taringaturi
 Nutrition
 Selfish
 Courage
 Friend
 Hate

Positivity
 Uncaring
 Worries
 Strong
 Aroha
 Safe