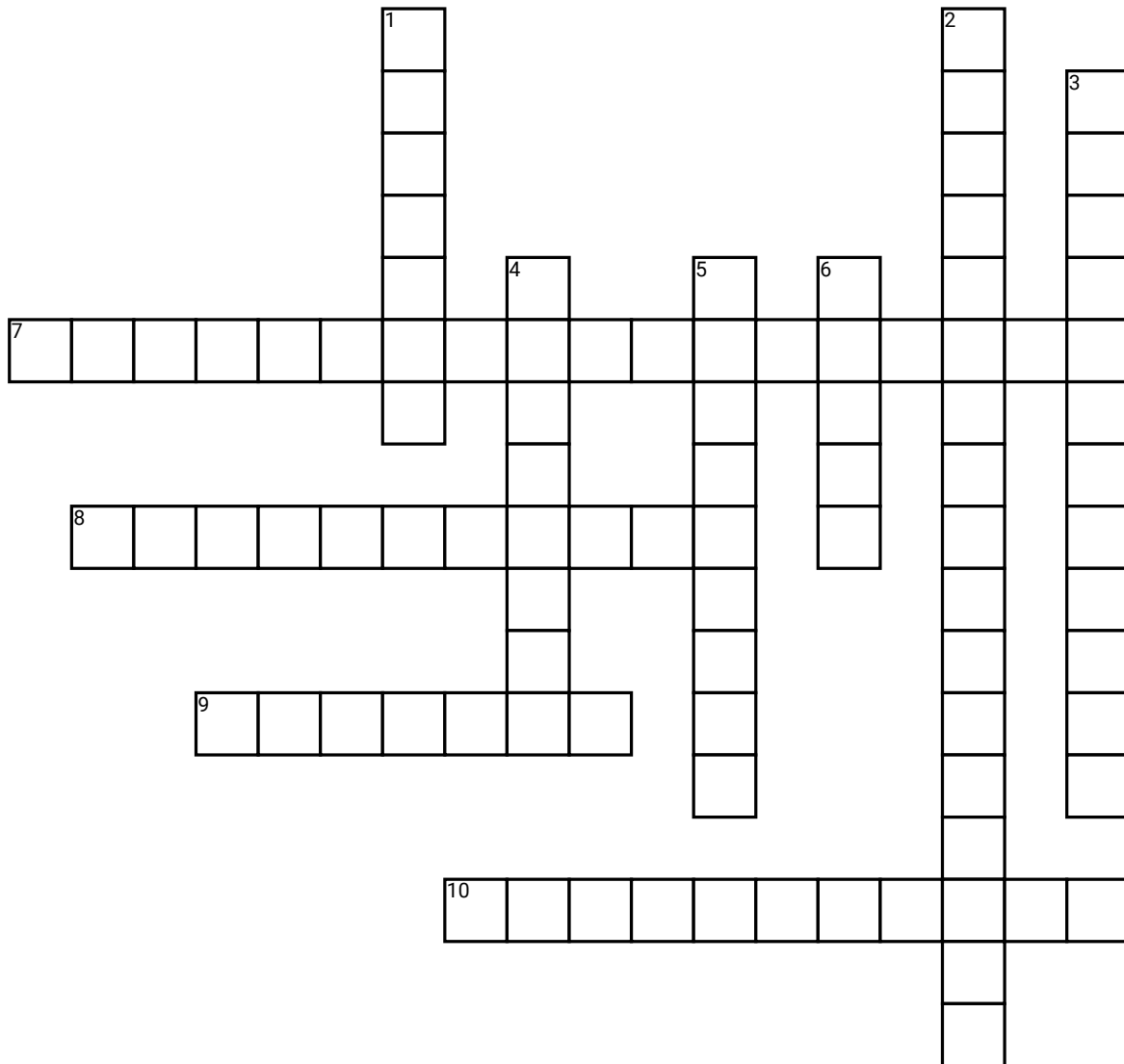


Name: _____

Date: _____

Offense Cycle Crossword Puzzle



Across

7. What thinking error is when someone believes if something bad happens once, it'll happen again?
8. What part of the offense cycle involves the outcome or consequence?
9. What is a person, place or thing that causes someone to become upset or angry?
10. This thinking error is the assumption that others know what you're thinking and feeling.

Down

1. The belief that other people are responsible for your actions.
2. This thinking error is often called "black and white thinking".
3. The cycle that involves your triggers, emotions, thoughts, and consequences.
4. What phase of the offense cycle involves your emotions and feelings?
5. What thinking error involves not seeing any positives and only seeing the negative?
6. What is the third section in the offense cycle that involves your thoughts and thinking errors?