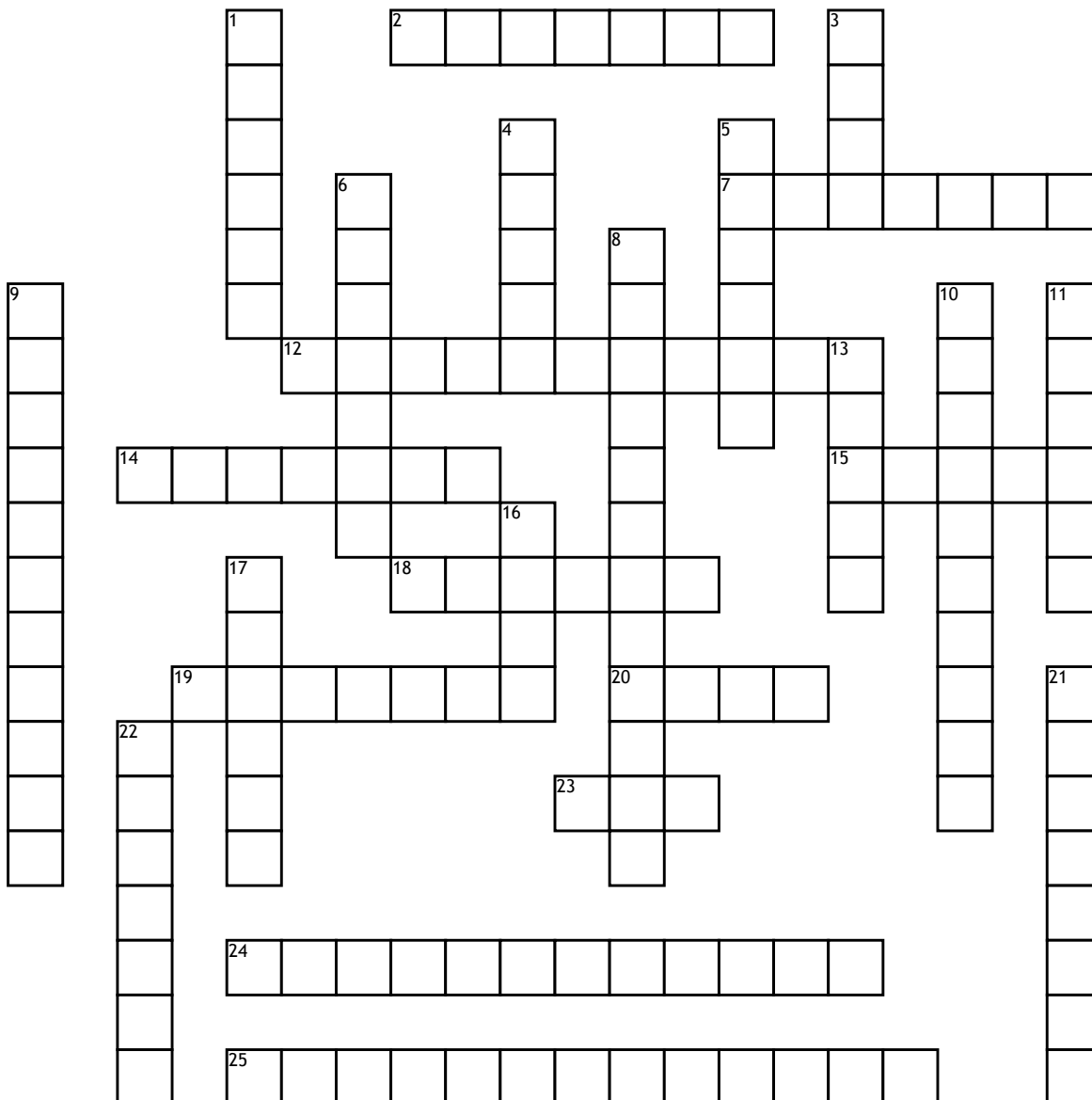


Obesity Competency



Across

- 2. Structural building block
- 7. Obesity is a _____ disease
- 12. R in OARS
- 14. Management goals include improving _____ of life
- 15. Ask, Assess, Advise, _____, Arrange/Assist
- 18. With a BMI > _____ the patient is considered obese
- 19. Obesity recongnized by AMA as this in 2013
- 20. Ask _____-ended questions
- 23. 9 kcal/gram
- 24. Sick Fat Disease

25. USDA recommends 130 grams/day

Down

- 1. Increase _____ expenditure
- 3. _____ pillars of weight management
- 4. Exercise prescription acronym
- 5. Stage where change is implemented
- 6. Hormone that increases hunger
- 8. _____ interviewing

9. Some of these can cause weight gain

- 10. Category if BMI > 25
- 11. Encourage patients to read _____
- 13. Encourage patients to set _____ goals
- 16. _____ inch plate
- 17. Strive to improve body _____ and composition
- 21. Assess this when addressing physical activity
- 22. _____ controls fat metabolism