

# OCD WORD SEARCH FOR THE GROUP

H G O J X P E R F E C T I O N K R W I W W T V B  
Z L R X T B C M E N T A L H E A L T H N O H O I  
C N A K S N B M X S E O P I V B O R D Z D O H U  
C I V E L Q T E F Z U R Z T Q H X T F W T U N F  
B R X W O J X L C O L L E C T I N G D U O G N P  
L R H I W E A J L C A Y J H O A F R A I D H Q U  
C A J E T M X Y S E R T R A L I N E M Y S T U V  
M T I E B D Q F E A R L A D D E R E P G A S Z B  
W I W F U R C O R C I E C H N H D R E F B A Q I  
Z O A N X I E T Y S X X O W C F Z T M N X E G M  
T N Z U L Q F U Z T J P N O O T T K B E Z Q Q C  
K A T C G W X J M Q K O T R M A R G A U P M S H  
V L G B G M C B K P Y S A R P N D G R T E E T E  
G C Y C L E P V M V H U M I U M G B R R R D R C  
B T L H O A R D I N G R I E L N R V A A E I A K  
I N T R U S I V E J I E N S S K E K S L A C I I  
W M R S A Y P A N I C Q A P I I V M S I S A G N  
A U W J M I T Q V D Q D T T O W L Y E S S T H G  
S U I I M N N H F N B G I H N T X J D E U I T G  
H K C S C Q W I X N I Y O E I V I M F K R O E P  
I W I C H H E J N L P N N R Z U C H F K A N N F  
N M O B S E S S I O N U Q A U H B A J Y N Q I Y  
G F B Y G J Z W A M B R D P Z Z G R Y T C V N S  
K P M Z N R Z U L R Z F E Y G X G M T D E A G L

Mental health	Straightening	Contamination	Fear ladder
Embarrassed	Reassurance	Sertraline	Medication
Neutralise	Perfection	Irrational	Collecting
Compulsion	Intrusive	Obsession	Thoughts
Exposure	Hoarding	Checking	Therapy
Anxiety	Washing	Worries	Afraid
Panic	Cycle	Harm	