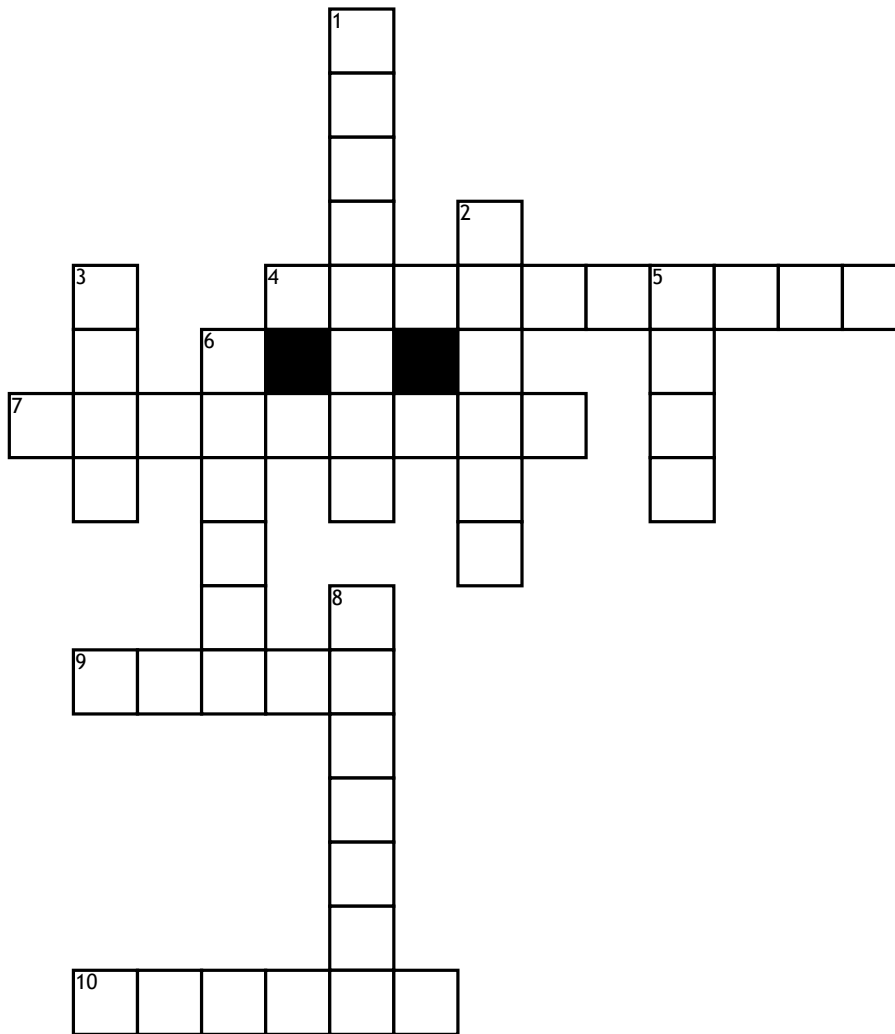


Name: _____

Date: _____

Nutritional Crossword Puzzle



Across

4. a small red fruit that tastes sweet

7. a small blue fruit

9. a drink that should be drank lots everyday

10. a fruit that monkeys love to eat, it is a good source of potassium

Down

1. a vegetable that is grown in the ground a lot on PEI, it is a form of carbohydrates

2. a vegetable that rabbits like to eat for a snack

3. a drink that comes from cows and is a source of calcium

5. a breakfast food that comes from chickens

6. a small food in the alternative group that is also made into a butter (hint* you put it on toast in the morning)

8. this is used for making our muscles stronger after a workout

Word Bank

eggs

blueberry

strawberry

Milk

carrot

banana

Peanut

protein

potatoes

water