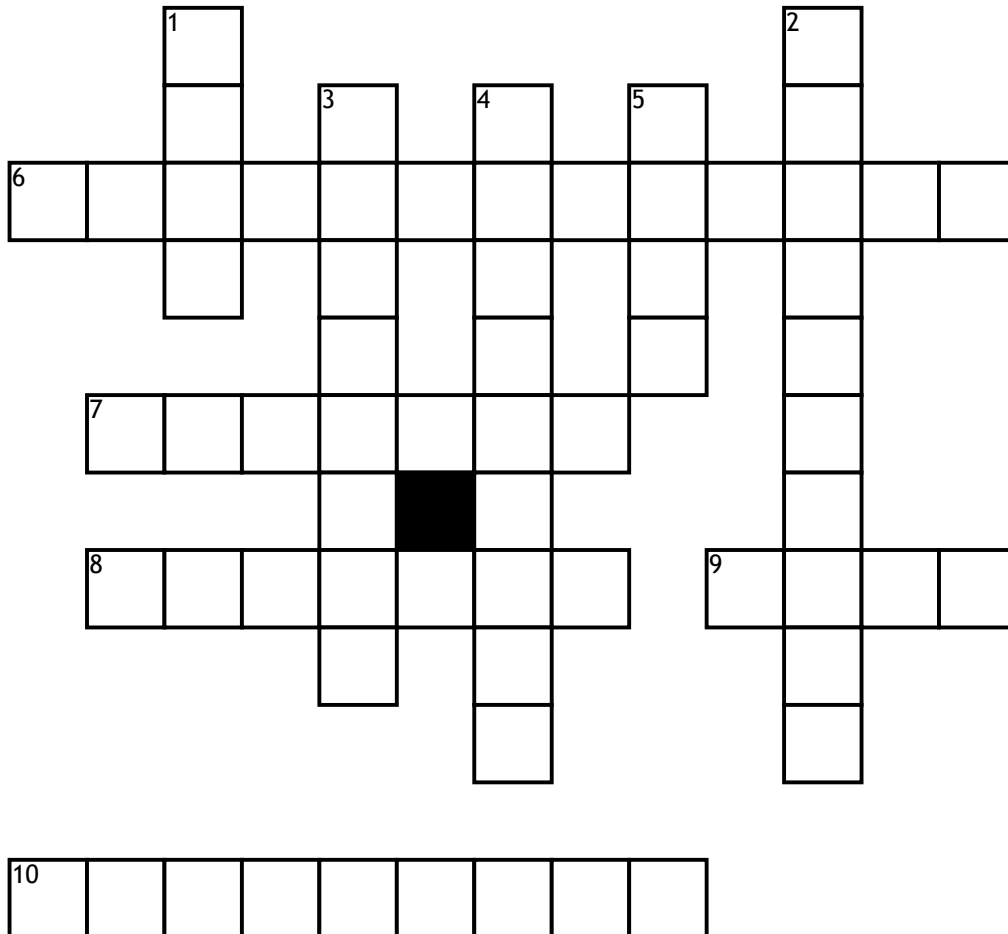


Name: _____

Date: _____

Nutrition



Across

6. Another name for food borne illness
7. Type of food intolerance
8. Nutrient that builds and repairs muscles
9. Number of amino acids your body does not produce
10. Fat that is a solid at room temperature

Down

1. Anemia develops when you are lacking this mineral
2. Chemical proteins are made up of
3. Psychological need for food
4. Body system in which fiber helps with
5. Number of calories in a gram of carbohydrates