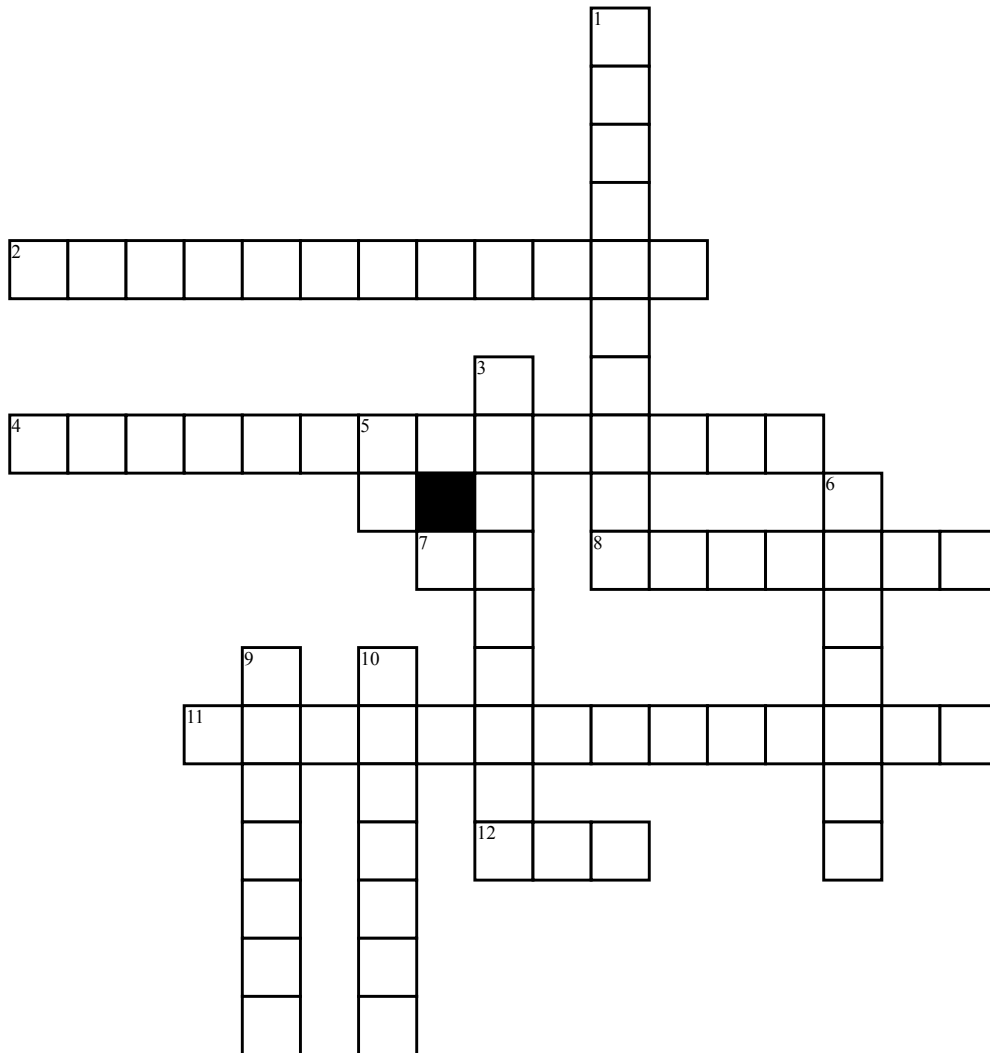


Nutrition crossword project



Across

2. What system in your body reacts badly to milk and dairy products if you have a dairy allergy?
4. What intestine produces a special enzyme that helps digest lactose?
7. Can dairy allergies be cured?

8. What is the name of the enzyme that breaks down lactose?

11. Out of being lactose intolerant or having dairy allergies which one is more threatening?

12. Can you become lactose intolerant later in life?

Down

1. The last and final type of lactose intolerance is

3. Another type of lactose intolerance is called

5. Are lactose intolerance and dairy allergies relatable to each other?

6. What is a main mineral you need that can be hard to get being lactose intolerant?

9. What is another name for milk sugar?

10. One out of the three lactose intolerant types is known as