

Name: _____

Date: _____

Nutrition and Health

W S A F E T Y W E H R H E A L T H
A M O D E R A T I O N O D H P D J
H P W R F R U I T S J Z T Z Y A F
W W T O O T H B R U S H G G H I Q
B W K F M P R O T E I N F A T R F
E B U L L Y U J U G R A I N S Y L
X D Y S U O M N U T R I T I O N O
E A W T P L A Q U E T O I T W Y S
R M O U T H W A S H E L I G Q Z S
C A V I T Y F X S U G A R F A K R
I O F M G E R M S Z T B H X Y O S
S J I E M L Q F J W L S A L T F Y
E C T T O O T H P A S T E J Q K E
B Y N T R W S S U J Z F R I E N D
O H E I A T E E T H U Q A X I J C
T O S O K V C O M P L I M E N T B
F P S J R V E G E T A B L E S Y X

toothpaste	toothbrush	compliment	vegetables	moderation
mouthwash	nutrition	exercise	protein	fitness
safety	cavity	plaque	friend	grains
fruits	health	teeth	floss	bully
germs	sugar	dairy	salt	fat