

Name: _____

Date: _____

Nutrition

T L J O K B X U N U K U I P O F C W U T A F I E
A O P G R F A H S M W J I M S N T R R B X N R N
Q R B Y D C I E R D X Y R M X N R D C Q Y M C K
B E Z R C K V D R E X F Z G X I P Q B Q T I B V
E T Q F I Y C K M H G U I F O O D A L L E R G Y
L S Z K X X N X C Y Q D H O L T I O I C B A I W
E E H W R W T V B D H Q X E A T B P G F D S V P
C L E P C P H S C R J X P T N O I T I R T U N R
T O Y G R E N E I A Z Q M I Z P U V Z D P N M O
R H I V E Q A Y Z T A U T R M B O D C O K E E T
O C R Z G S V A Q I X K T S G N B T C R I Y S E
L K B J S R H F O O T J I J L F E S A K G A M I
Y A T E V P M U W N Q L G N U Q S I S S T V T N
T C I X I T O K Q C O D L E C M A T N U S Z N S
E W J F H K N W Q B B T T T O R X O R F V I P A
S Y Q R L M T N A W N B M U S W B A L J G I U S
W C P U W Z D T C X K H A L E H T W U D V B I M
R O G C R V E V A J Q B O G T E S B V X S B C D
F K C T F M X Q L A L L I B D G O E N U B F J X
M K U O K L J Y O L L N S C U V S E T K Y M E S
H C Q S T U U Y R K C A R B O H Y D R A T E S K
J F B E R Y H W I V B F Q C F G U Y B E R Z I I
E N Z Y M E S J E S H R C W F S E T E B A I D H
N M V L U O K F S P I U Y S E Q N H F O F B L T

carbohydrates

Cholesterol

nutrition

proteins

Energy

Food allergy

Metabolism

Fructose

Glucose

fat

Electrolytes

Potassium

Diabetes

Enzymes

Dehydration

saturated

Calories

Gluten