

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Nutrition Word Search

G J U Z Q Q L X B D U G I O R A C E B E B D D C  
N O I T I R T U N A S F A A S M P S S T R E N F  
T S V P S F A P X E D L Z J O L B I L T U D Y Z  
O N Z N Q S X J O R M H T B M T M C H C S A S L  
R Q Q U O C U X G B W Q J L C Y S R N X S Y W E  
R E L P P A E N I P Y U J H X M C E C J E W V Q  
A F M Y U D P Y L A V O E C D B T X H J L E R M  
C G M B D L T E S U Y E T L W Y B E O X S F G T  
C L R A A W E D G S S T H U T S Y S Q V P U W F  
T X I A B D E A R E I A M A V L F K L B R K M I  
J R T Y P K Q I E J Y Y R E B Q Y M H D O J N Z  
Y F H L H E N K A E T S G F U A H A A A U D U T  
J Z S K G I G E Q K X E I W H Y L K R Y T N P O  
W H N Q E Z B T Q V T P A W O H A E G D S E A C  
O F Y T U E V E T A Y Y D P F O K S R C C F Y M  
Y B O J E H B V B E G H G Z P U M H A L T O C H  
E R F C Z S G L Q N Y U R D A L U V I U K I A P  
P F Z T T T E B I J E O I L D Y E J N F B L D T  
H O U I O S F V G Q K E N T V N B H S E H O D K  
W F U U E Q X P Q U T U M M G K B S S A R C K W  
W R D Y H T L A E H Q F H W H V G I J Q I C A Q  
F L Q U A O Z P X F R C J B O G P F J I X O T Q  
U C H I C K E N R R T L I Q D J Z P O B E R Z F  
V K L Q Z H F A M I L K T S Q M J E U U M B M O

brussel sprouts  
broccoli  
protein  
grains  
grape  
milk

vegetables  
exercise  
carrot  
apple  
steak

nutrition  
chicken  
cheese  
bread  
diet

pineapple  
healthy  
fruits  
dairy  
fish