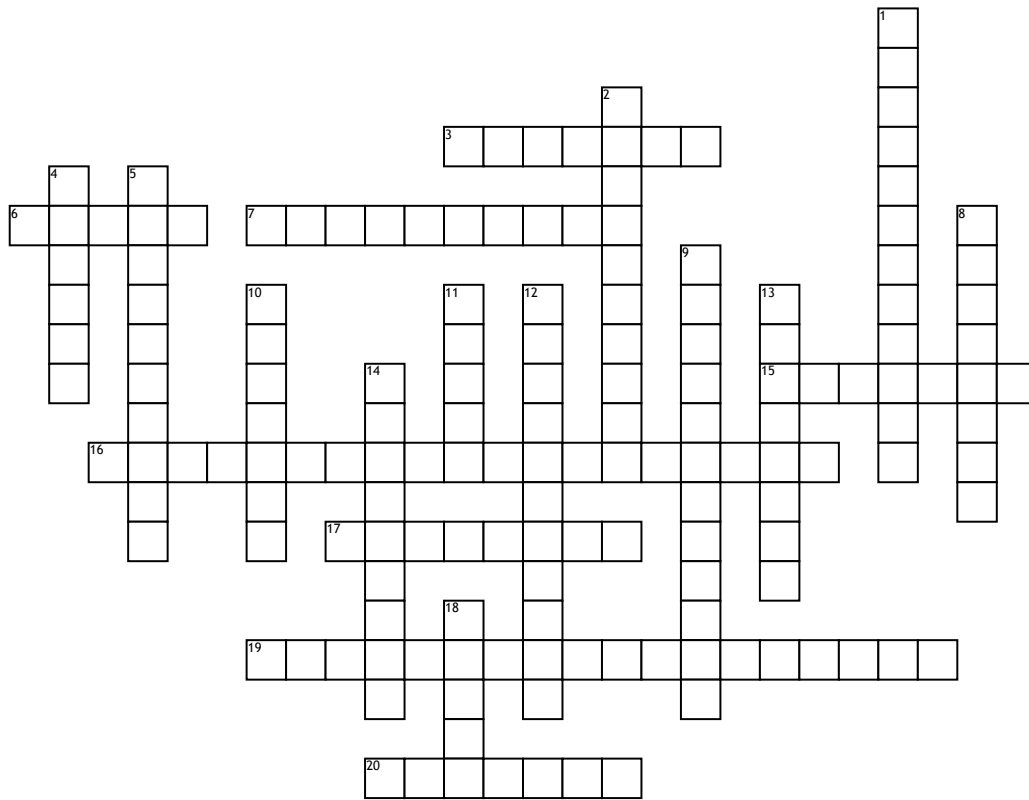


Nutrition Crossword Puzzle



Across

- 3. an emotional disorder involving distortion of body image and an obsessive desire to lose weight, in which bouts of extreme overeating are followed by depression and self-induced vomiting, purging, or fasting.
- 6. a indigestible carbohydrate
- 7. made with or containing whole unprocessed grain.
- 15. the condition of being grossly fat or overweight.
- 16. a severe, life-threatening, and treatable eating disorder characterized by recurrent episodes of eating large quantities of food
- 17. a chemical element required as an essential nutrient by organisms to perform functions necessary for life.

- 19. a person who eats vegetables, eggs, and dairy products but who does not eat meat.
- 20. a sugar present in milk. It is a disaccharide containing glucose and galactose units.

Down

- 1. a medical condition in which the bones become brittle and fragile from loss of tissue, typically as a result of hormonal changes, or deficiency of calcium or vitamin D.
- 2. a simple organic compound containing both a carboxyl (-COOH) and an amino (-NH₂) group
- 4. any class of organic compound that fatty acids
- 5. the chemical processes that occur within a living organism in order to maintain life.
- 8. a natural desire to satisfy a bodily need, especially for food.

- 9. A substance that dissociates into ions in solution and acquires the capacity to conduct electricity.
- 10. any class of nitrogenous organic compounds that consist of large molecules composed of one or more long chains of amino acids and are an essential part of all living organisms
- 11. a person who does not eat or use animal products.
- 12. the loss or removal of water from something.
- 13. an emotional disorder characterized by an obsessive desire to lose weight by refusing to eat.
- 14. a substance that provides nourishment essential for growth and the maintenance of life.
- 18. _____ are natural substances generated by fungi and has harmful effects on humans

Word Bank

- | | | | |
|----------|-----------------------|----------------------|--------------|
| Anorexia | Nutrients | Amino Acids | Appetite |
| Obesity | Whole grain | Bulimia | Metabolism |
| fiber | Binge Eating Disorder | Lacto-ovo Vegetarian | Osteoporosis |
| lipids | Toxic | Vegan | Dehydration |
| Lactose | Electrolytes | Minerals | Protein |