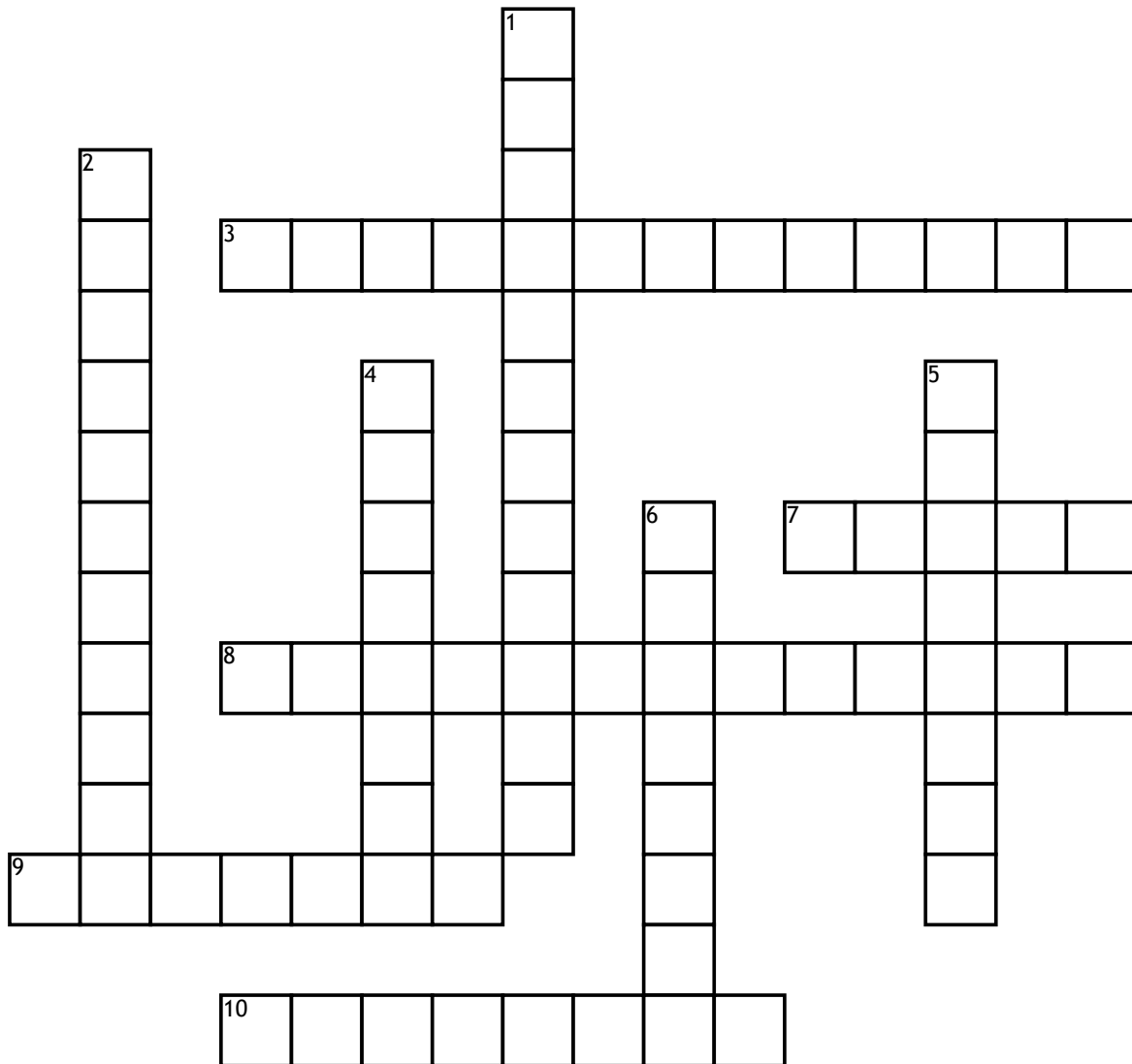


Nutrition Crossword



Across

3. The addition of nutrients that are not naturally present
7. A fatty substance that doesn't dissolve in water
8. The starches and sugars found in foods
9. A simple sugar and the body's chief fuel
10. Nutrients that help build and maintain body tissues

Down

1. A food in which nutrients lost in processing have been added back
2. A fat like substance produced in the liver of all animals, and only found in foods of animal origin
4. Inorganic substances that the body can't manufacture but act like catalysts
5. A desire to eat
6. A starchlike substance