

Name: _____

Date: _____

Nutrition

T S G A E S A T U R A T E D F A T S E E V E J N
N F T D A E M S E D M S V F D N K X S S V N B N
O O V W Q T G A L W I V I W A D W J E P N I S U
I O M U P A E Q L A H O P F J C T W B R L T E T
T D E F E R U E X L R E U G N O T V O O W S T R
E B X F M D L C S Q I E U R A J J R S T X E A I
R O C R P Y J O N F S N N Z J D B E A E S T R T
C R R E D H W L H T D M T I H F N Y E I C N D I
X N E C K O M O Y S O U A E M L F O R N A I Y O
E E T A G B P N T T O I O U S J C R C F R E H N
B I O L S R M K I A F D R M I T W E N A B G O W
T L R O Y A B Q S F S O I E F R I G A T O R B G
X L Y R E C U I N D E S O G T Y I N P S H A R R
V N S I N X J S E E I Q F B E L O U E K Y L A Q
A E Y E D E D P D T R I W Z E S K H J P D Q C S
V S S V I L J G T A O A G D D K T Q Q A R T E I
A S T X K P Q Q N R L T B S K A K I X L A S L T
P K E Z S M R G E U A U M Q I O Z X O V T A P T
P U M N X O E K I T C K N I M A T I V N E L M O
E Y F P O C B U R A Y R E T A W J M V Q S I I L
T E S W V X I A T S T B V I O D K Q T S K V S G
I V Z B R F F F U N P E N Z Y M E S F W H A H I
T X P O R W W K N U M S D I C A O N I M A C W P
E Y W Y T Z X D U D E H M N R Y G L Z J S U X E

Complex carbohydrates
Nutrient density
Large intestine
Epiglottis
Pancreas
Protein
Hunger
Obese
Fats

Empty calories foods
Excretory system
Saturated fats
Excretion
Minerals
Calorie
Tongue
Fiber

Simple carbohydrates
Unsaturated fats
Carbohydrates
Digestion
Appetite
Kidneys
Sodium
Water

Foodborne illness
Small intestine
Amino acids
Nutrition
Vitamin
Enzymes
Saliva
Colon