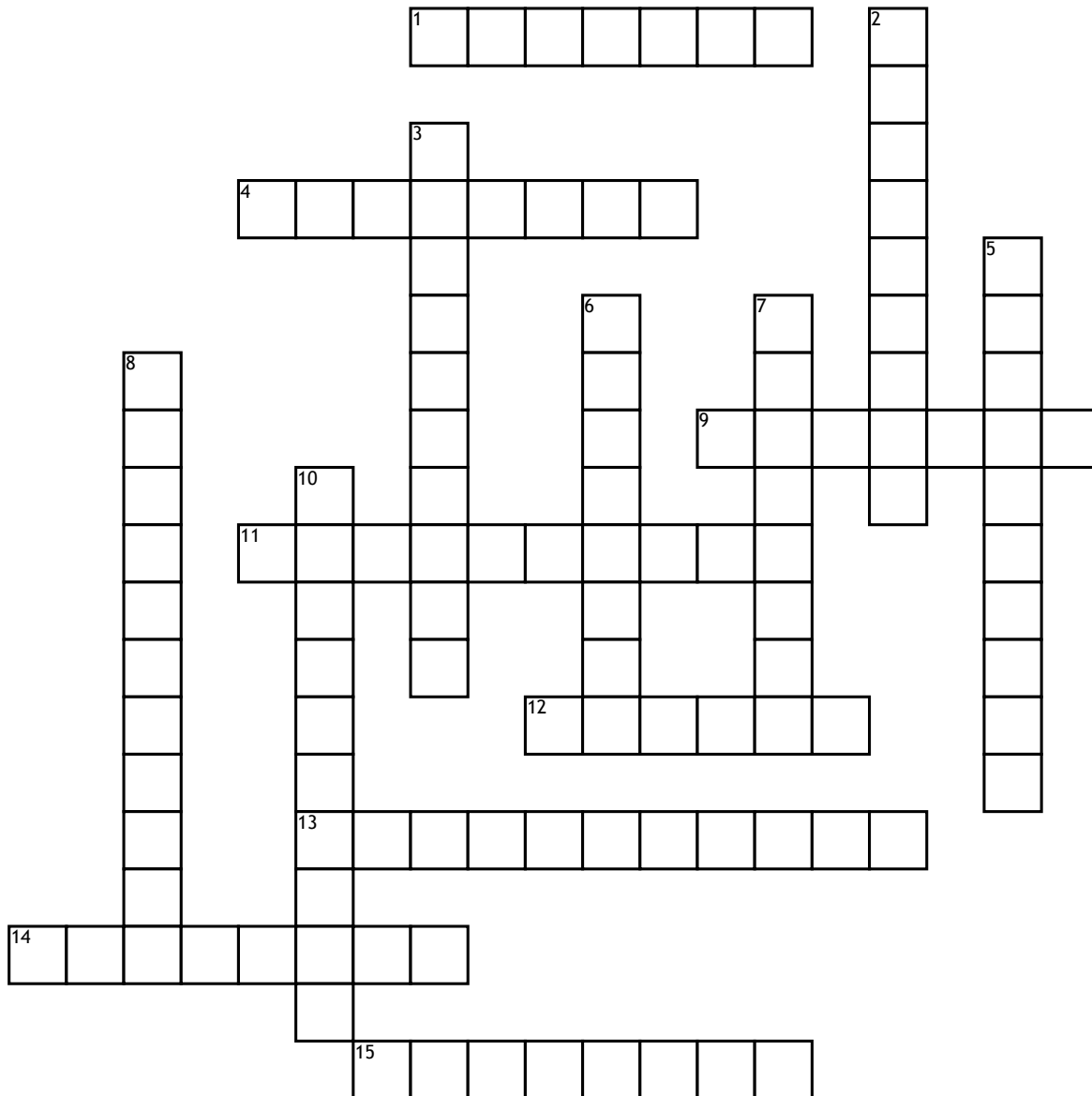


# Nutrition



## Across

1. aldehyde form of vitamin A  
 4. needed for enzymes  
 9. alcohol form of vitamin A; healthy vision  
 11. nutrient promotes oxidation  
 12. light-sensitive membrane; inner eyeball

13. repairs damage from oxidation  
 14. trace mineral found in soil and food  
 15. protein found in connective tissues

## Down

2. light-sensitive pigment in rod cells  
 3. fat-soluble plant pigment

5. active form of vitamin E in the body  
 6. nutrition dose 10 times too great  
 7. negatively charged particle  
 8. highly unstable atom  
 10. inactive form of vitamin