

Name: _____

Date: _____

Nutrition

X O T P Y C B Q C N O E P A S T A B G R A P E S
D P A B A O Z H F N W S J E C T U W R I I U F F
Y N S T E A K B B X X V U U B C L H O Q S D R M
K W A B Y R J N E I F B C B Z T T A F Y Q F U G
U A A R J U M L N E K C I H C I H T Z M S D M R
P P T P P N S M G U D B O O O N Y P B D S D O O
L E V J C N W E H C Z E W C C N E T R Q E D A B
Q K O X R I G W E G D G E U A G U M B P I Y K S
H D R H G N Z D M S E T L P X B J X H V R Y S Q
G C J H A G O C X G Q Z O C G Z Z C R K R N P N
J K Y H T Y L H T F A I B A N G R Y U E E B I E
Z L M V R X O L I C U Q L K K T M I V E B A H F
H Q E M U K N C U L U G U E I I W P M U W J C U
Y L T P G E W N R S T S S P R O T E I N A Z D I
U O P F O U X K F O B Q P Z P O T A T O R V W L
Q G D J Y I D X X G N I K I B C Z Q I P T D T O
T Y N E E B G S E O T A M O T B P O L A S E I C
D H I E G N A R O I M K W P L S C B X Y A P H C
H D A Q X T E L B A T E G E V B X W J A E V D O
Q Q R F S U G A R W G N V D G M T F U O E Q D R
U J G Z Z Y I O F E S I C R E X E L M Q K F A B
Y X U U X Q Y V F D B G U N E V P B W Z U N I P
B R E A D H A P I T V A N C N W F G G R Q I R H
R U U U X L G T S A L T G S U G M I D U Q F Y N

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|--------------|-----------|----------|----------|---------|
| strawberries | vegetable | exercise | broccoli | chicken |
| cupcake | running | protein | yogurt | grapes |
| potato | tomato | orange | biking | steak |
| pasta | bread | chips | sugar | fruit |
| dairy | grain | salt | fat | |