

Name: _____ Date: _____ Period: _____

Nutrition

F G X V V F B L A T X P M X V T N E I R T U N F
B N O C A R B O H Y D R A T E J L T T P X U R N
N I X U D Z R N U R A V L N S J I A O V W S S A
F E J S E O J E O S Q D N R Q H P F O U A I Q H
B G J J S V Z O V T Y X U S O S V Y N X R T Y D
O N O A T F U L H N H B T I V I T D C K W N I Y
D I I O A Z P Y L M O G R Z E A H O V D K E H F
Y B Y G R E N E B L G S I Z R D U B M W T Q Z R
I K K L C G S M T G G V T L E W D Z B I X T A Y
M P Z W H G A E S M L L I H A M W L N N U S H T
A M R M E F G S Q I U Z O L T F J G D G O Z V I
G F P O H I R X O G L P N B I J D L C V S I Y S
E G D P T J R M Q V H O G A N A S Q R S T M E E
R Z W I Y E Z O B L R O B X G L Q E H A W R T B
R V X I Z N I C L P O E I A A X N C M B B C N O
H U N G E R A N L A O W N R T A X I I I F C K G
M S A N H L K H J Z C S E A I E N K F O G D H E
X Y C R C Q V B H J U N K M I S M O Y U E I H M
S J U I N F M I E G I Z I P O X T A F I N S Z U
A A U K J N M U A M N L I N R T E A S W I E Y G
K M H F E D P R K Y U M W L E X M R C V K A I V
F V P J R R M Y J B Z M N P T A A Q O I B S I V
G H E A R T D I S E A S E V A R I U K N V E J Z
R P N E I J J N D I K Q V R W W B F P B A T E D

anorexia nervosa
carbohydrate
vitamins
minerals
calcium
energy
fibre

bulimia nervosa
body image
body fat
protein
obesity
starch
fat

heart disease
overeating
nutrient
calorie
disease
water

malnutrition
metabolism
bingeing
dieting
hunger
sugar