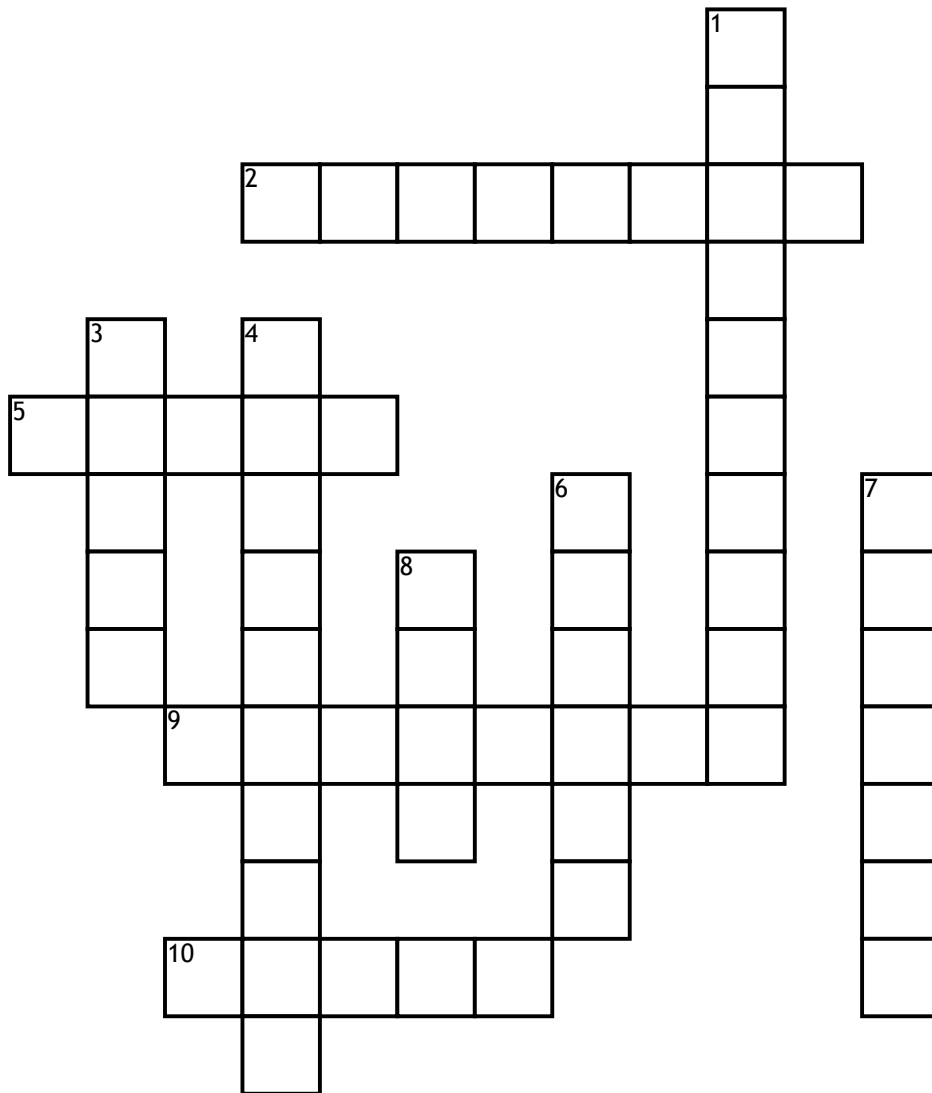


Name: \_\_\_\_\_

# Nutrition



## Across

- 2. We don't need this but we still eat it
- 5. Something we need to stay alive
- 9. Something that is in our foods
- 10. Food group of chicken, fish and steak

## Down

- 1. There are five of me
- 3. The food groups of milk, cream and chesse
- 4. Foods that sometimes green
- 6. Food groups of apples, bananas and tomato
- 7. To be in a good mental and phiscal mind set
- 8. Something all kids love