

Name: _____

Date: _____

Nutrition

G J S E T A R D Y H O B R A C C C B C K H B H P
X P U X L V W M F U J Y A D K B A P X M R K A C
G K W Z E T R A E H C J F P G R B X Z A M B H Y
O D U N X K A A N E A T Y Q U O K O M P K S R M
H Q R R V R S M V K H L F Z R S F P D E E E O N
H I R E P V I T A M I N Q I X B Z K X Y I H T U
P N E K G V R N R W V T C T W A I J P X R C Y T
L V T Y F D H U Q X Z K I B L D Y E F L O R F R
L G A Z I X U S M Q E S O V R A G U S N L A U I
J I W B B K H N Z T S D W W E I H U U R A T R E
H H B Y E Q T V S U Y D N Q Y G R E N E C S W N
T J Y H R E B W E T U F D H T X O E L H A D B T
L M Y H S A A P E T O H N U Q J Z B T X V Q T S
A U W A S T E M I H P I Z F A T Q H M P O T T V
E K D S D X P X J M Q M S N I E T O R P V L R U
H F Z N U R Y B U Z Y T C N I Z B B Z A S B I D
F C A L C I U M N Z K N F I A I M E N A S M Z I
C H O L E S T E R O L G M S I A R W W K B T C G
E V N O I T C N U F L U M Q N Q E S A E S I D E
H O C V A R I E T Y I W G W Y P I B N T O W Q S
T N Q F I X V Z X D A I A H W I J O M H G I G T
T T I F W N S N O I W J I K V S R K V W H T F I
Q H O P Z Y X S H J E K C Z J I O L V Q W Y E V
X L J N O J L I V I N G T H I N G S P R N N A E

LIVING THINGS
NUTRIENTS
DISEASE
SODIUM
ENERGY
SUGAR

CARBOHYDRATES
STARCHES
RICKETS
ANEMIA
HEART
ZINC

CHOLESTEROL
FUNCTION
VARIETY
ABSORB
FIBER
IRON

DIGESTIVE
PROTEINS
CALORIE
TISSUE
WASTE
BODY

BODY TEMP
CALCIUM
VITAMIN
HEALTH
WATER
FAT