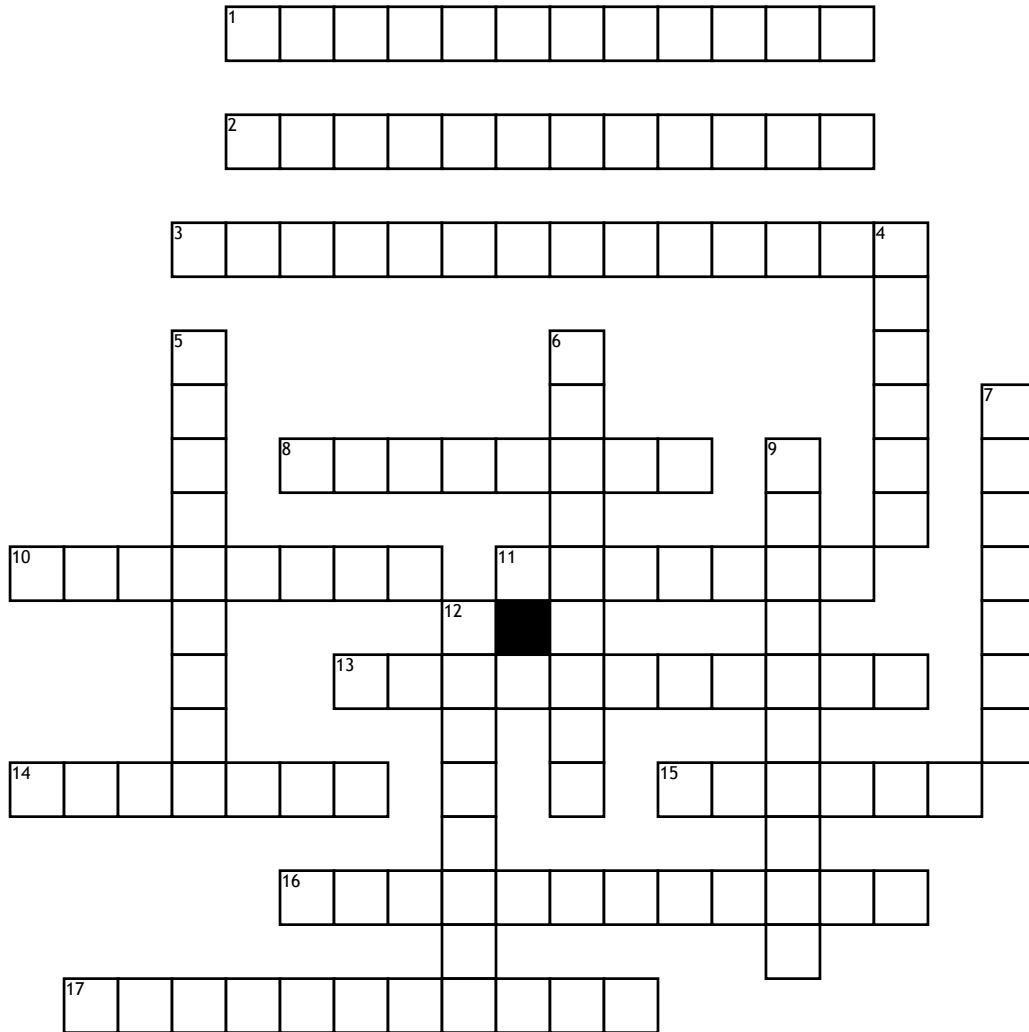


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Nutrition-Related Diseases and Disorders



### Across

- 1. Food disorder due to lack of a nutrient, or too much of a nutrient
- 2. Holes in the bones due to lack of calcium in the daily diet throughout the life span
- 3. Disease due to lack of Vitamin A; eyes cannot adjust from light to dark
- 8. Disease in which body cannot process carbohydrates; may be controlled partially by diet
- 10. Food disorder in which a person tries to (or may) starve themselves on purpose
- 11. Curvature of the bones, due to early lack of calcium and Vitamins A and D in the diet

13. Term for fruits and vegetables that cause gas and remove toxins from the digestive system

- 14. Food disorder in which a person is more than 25% heavier than recommended body weight
- 15. Condition in which you are tired and pale due to lack of oxygen, lack of iron in the diet
- 16. Scientific word for high blood pressure; often due to diet and lack of exercise
- 17. Condition in which the body does not have enough water; noted for headaches, fever, convulsions ... possible death

### Down

- 4. Disease due to lack of Vitamin C in diet; noted for bleeding of gums, difficulty in healing, infections
- 5. Joint disease that often becomes worse if a person is overweight
- 6. The study of what we eat
- 7. Food disorder in which a person eats normally or binges then purges the food through vomiting or laxatives.
- 9. Pre-cursor to osteoporosis caused by lack of Vitamin D and calcium in the diet
- 12. Something in food that is good for your health

### Word Bank

- |                 |             |              |              |          |
|-----------------|-------------|--------------|--------------|----------|
| Night Blindness | Dehydration | Scurvy       | Osteopenia   | Anemia   |
| Anorexia        | Nutrient    | Malnutrition | Arthritis    | Diabetes |
| Nutrition       | Rickets     | Cruciferous  | Osteoporosis | Bulimia  |
| Hypertension    | Obesity     |              |              |          |