

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Not just kicking and punching

R L G L P X D R L F K D G F H D W R N P W F Y J  
T F V V M E V L L Q N K K K E V B Z M G H H I K  
U D D Z N G Y G W N N A I K L S D J G L S O M W  
M R N W A T B R G D P E L Z X N P H P Q O K K T  
U H N R S D L H E G U G M B Z L I D O X V I V M  
N J A J U K P E K F K W W J L T V E E F M V J U  
U X U Y S P U K B A L I T H F S R P Z Y E F R S  
V K L U Q Q B C O B H E T T R A L A I T R A M A  
E E V L I Y X M O S O G X T M E X L D X L V R M  
B C I M P V V I E N I B R E C E R E M O N Y G I  
D N W C H A D N N I C K G Z S J V V C L V R M H  
R E X T D D S Z I C C E N Y E Z N P X E U J Y S  
M F I V N E C P N O R O N P G Q M J R Q J P Z I  
P E L R I O U L J R P O O T S P L J P D M H C A  
J D P E Y T S Z A N Z E V M R L Y P R Y Q G G G  
O B S Q J B T R O V J B J J P A F L V X F B V E  
M H X O A M I L Q Y V T Z D I W T K U I Y G J N  
P W V S P L J A W F Q I R C H T J I F K D E B O  
K L L V A C U S B G E J K A M B I H O G J N D S  
E E U Q N D J G X B Y S M S I T I M L N O Y T I  
M V H J Q V N F R X O C N T I N A L I C N P F I  
T I B P W Y W A H O P J E Q R C I J V N K I F Z  
L X E J K J D F O S D I M T D N A N Q U G U N J  
V K R K I T O F K X K R O W M A E T G U Y L P P

concentration  
teamwork  
training  
timing  
Japan

Onegaishimasu  
ceremony  
jujitsu  
Sensei  
belt

martial art  
reflexes  
defence  
ninja