

Not Myself Today Moods

C O F N I Y Y M E H Q K D E R I P S N I M X V L
Z L V B A Y D L A E V I T A G E N E P O E V E Y
R V D V M Q N S K E P T I C A L J O T X L O R K
E Z N E E U Q I T H C C Q Y D K L I C C Z L H N
W P Q G L C P D M K Z Z Q X G E V I R F K N Q A
M Q L N L X Y B P D X E Y R J A T C Z G C Y H R
D E Y Q O L R G E O J W F C T E H A D S R Z U C
G E Q X W X G O F A S Y C E D I S J R G K G F A
G R T C G A T A K F T I D J P X G Q N T E C X A
A N A N N M M A N P N I T P H Y P A U M S I Q S
N X E T I L P M A B E L E I J R H G E X B U E L
X H B Z E O I I L M T R P L V Q L Y U Y J X R I
I X N R U F P O U O N J B X B E T D U T C D O F
O Z O G O A U P A M O B R M R A W A Z P K Z L Z
U M M E B V J L A F C S U K M G R K A M L I R P
S D J C A X E F O S H Y A R A C H E R E J A W D
I V E E W I V R L T I X H S C S I C N H K O H N
P E D S V P Z T W L K D J M S E H U I L X T X S
Q F L Y S A C G J H R T R F P Y J P Z T U R U K
E Y W M K E R C Y U E W F F I I R Y T E C V X S
O B J T C U R B F H W L L O X F P E Y M C B E Y
O X F S I R D T U I W S M T G P V X N G Q U R M
U D Q Y L N W X S V Z I M E A G O V B U Y Y H G
S A H M A L Q J G I M X A H D P Y T G A C R U I

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|--------------|-------------|------------|------------|-----------|
| disappointed | overwhelmed | frustrated | vulnerable | motivated |
| skeptical | grateful | inspired | negative | positive |
| stressed | anxious | chipper | content | excited |
| cranky | hangry | mellow | upbeat | brave |
| empty | foggy | happy | sassy | meh |