

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# National Nutrition Month - WORD SEARCH

R J P O L F Z W Z J H F C E C I R F O R M U L A  
F E J D R H N K L D C N I Z E D Z E M J Z F L R  
Z I M G W H P F B K H X U J K D S E T R U G O Y  
J J D C K N D T T J E T O P A L L I T R O T W Z  
U N W T I U K L A I E G F X O M W F U O G W N M  
T S A F K A E R B E S K R E T T U B T U N A E P  
W N T O F U X T L I E L D N B A F G F E H I Z Q  
L N F N J X S J Y T U Q W U Z U A K D K W A T S  
G N J U C X U E F T E G G S P C R H I D M G C B  
D E K D P G B C L I Q S R P H S E M U G E L Q H  
U M P H Z K H J L Q P T A S O H P X J S N V Z C  
W X T C U U D S O Y A C B R M M V Z A F T G U S  
Q V I Z F Y E H V C S P F D D M D L S E T C U U  
G D U Q Z V H B W K T O Y C J I M F Y N C S H M  
Y S R C Z C G I X F A C E V A O N R H L I I I K  
M T F B L B M S T R H R I I N T B E M S H A U Q  
F F I W K E N E V Y E G L M G B O H S Q Q L R J  
Q Z Y C U X V G D A V T U E B Q U L M M Z J B G  
Q N U J N C Z A L I V G H G A C A B Y C T O F D  
S X U V Q K E S Z M T U N A F I S H C C D D I V  
I V K M C R G Q W A E X D V E G E T A B L E S R  
G G G I B S W P B Q N T V T Y R T T Q U O T A H  
P B E L Z V G Z Y U G S S E Y Q O W I W V D N B  
Y H R K B R O H J D E Z N W K E O F F V B G Z X

PEANUT BUTTER  
SARDINES  
LEGUMES  
YOGURT  
PASTA  
TOFU

VEGETABLES  
TORTILLA  
CHEESE  
BREAD  
EGGS  
SOY

BREAKFAST  
CEREALS  
GRAINS  
FRUIT  
MILK

TUNA FISH  
FORMULA  
SALMON  
JUICE  
RICE