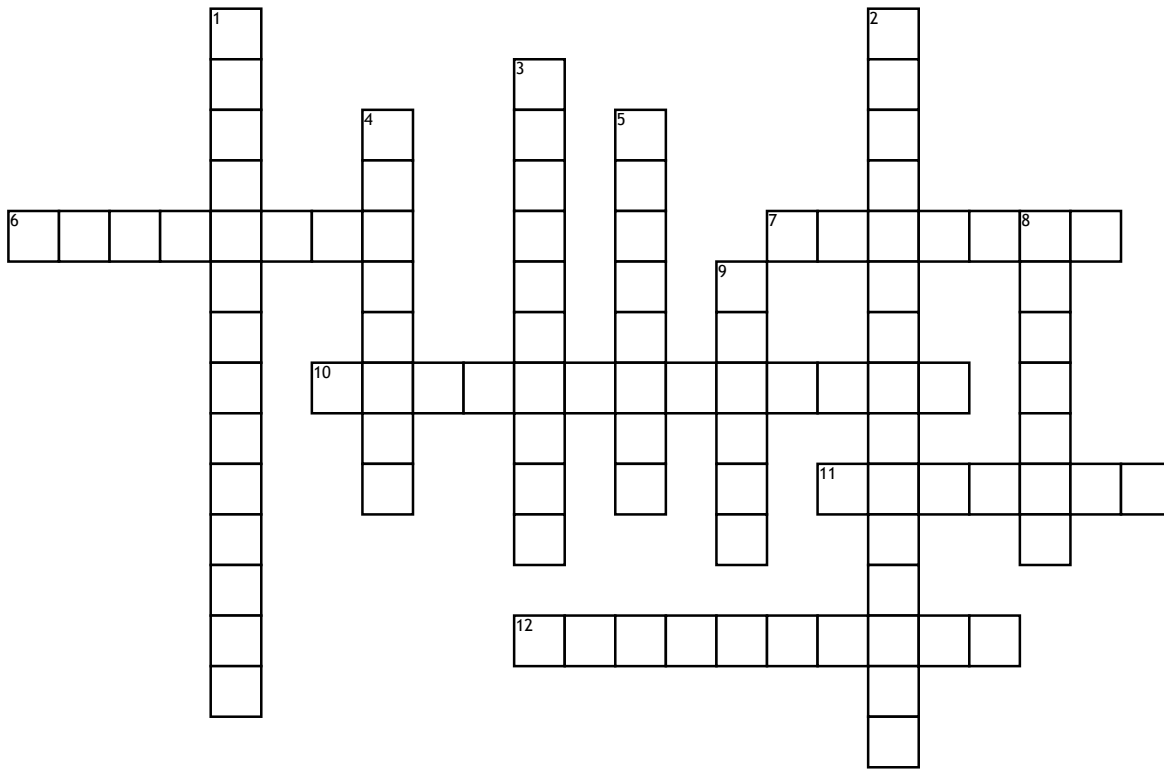


Name: _____

Date: _____

National 4/5 Physical Education



Across

6. A practice with intense conditions for skill practice (8)
 7. When setting goals they must be... (7)
 10. Method to develop mental factor (13)
 11. A physical sub factor which is the ability to change direction quickly (7)

12. Method used to gather data on CRE (6,4)

Down

1. An example of a mental factor (8,6)
 2. Questionnaire used to gather data on the mental factor (6,9)
 3. The 'M' in SMARTER (10)
 4. A question which ask you to 'just say what it is'

5. The types of question that ask you to give short sharp pieces of information (who, what, when, where, how)
 8. A question that asks you to say why
 9. The type of practice to develop physical skills without equipment (6)