

Ninja

R S Q K C J O X P S P A H F B H B F Y B X L K V
U I C P M J K M S C I P T H J A T X G F X M E M
X S T A N C E A I I C G W F S L J F Z W Q S G O
G F T Y C C L V H T H J R J F L Q N W L B N S V
W N X P R O D S E S I X V Z B S S R I A I W D A
X A I T C P I W U A M P J U D F T R M N E H G S
X F N N I N Q E T N B C Q S M M P M O J S C X D
T O J L I R M Q S M I R B H B Q R I S H E W X W
L R O N I A K T A Y I E E P D F T P T E L C B S
D N A H Y G R Q P G B E N I W I E V R J F J L A
F N L O Y O S T E E Z D I Z D B C C A P R O G F
N O K W X Q Z T R O S N Z N U C J R L T E V P C
S W T L I J T S T E J N O F E E J O A D S L Y W
R C L O G X S B N T A C E E U M B D I P P X E E
M C K K I E U I I K Y L S F R X T M T D O K F A
C C E A N R L V J K Q I K V E A P W R M N J H G
G F T T R P C O Z E C E Q S L D A Y A O S C D X
N W I D I U F I A R D S Z P X W F C M G I F Z B
G F J C Z R I U E D R K E V X R F L M A B P L S
R E S P E C T X H R W J T E K W P F E E I A W G
F I V L P R E D Z G J W X W S H Z H P S L M U G
D S P X Y N K X V F Q M G N O G M N X A I M I T
Z V T E E I K B Q O W C W B Y V K N K P T M G P
Q O B S T A C L E C O U R S E T D V B X Y X L N

self responsibility
conditioning
discipline
fitness
creed

obstacle course
martial arts
training
respect
Ninja

self defense
gymnastics
exercise
stance
gong