

Name: _____

Date: _____

My Journal

R Y L E N O L B L G F A C K A Y G
S L U F K N A H T D D A L G Y H F
C A H Y H E L P L E S S A P C K I
R C R A W M M M A K O L F W W X S
R C O F X R U N S C Z Q R R J S S
F E H U T V G F E O P A A T E B E
K P M S J R Y X O H H M I V V R L
B T J A Y Y B D I S Q G D N I N E
D E T X P J N K E V R B O P G J P
C D I P G G J O Y S J D S A A T O
Q V A O O M Y Y G Y U N A V T K H
L H Y A V E Y L T O I F X Z J F X
L O T S O L B V E L H I N S A D X
T P V V B W J A O Q I F W O F C M
Z N A E K D E R A C S U O E C U Q
T S N X D M P K C S Y H G P N N O
P H O P E K L A N F I S S L S U T

accepted helpless hopeless confused thankful
inspire shocked guilty afraid scared
lonely angry loved happy hope
lost glad joy sad