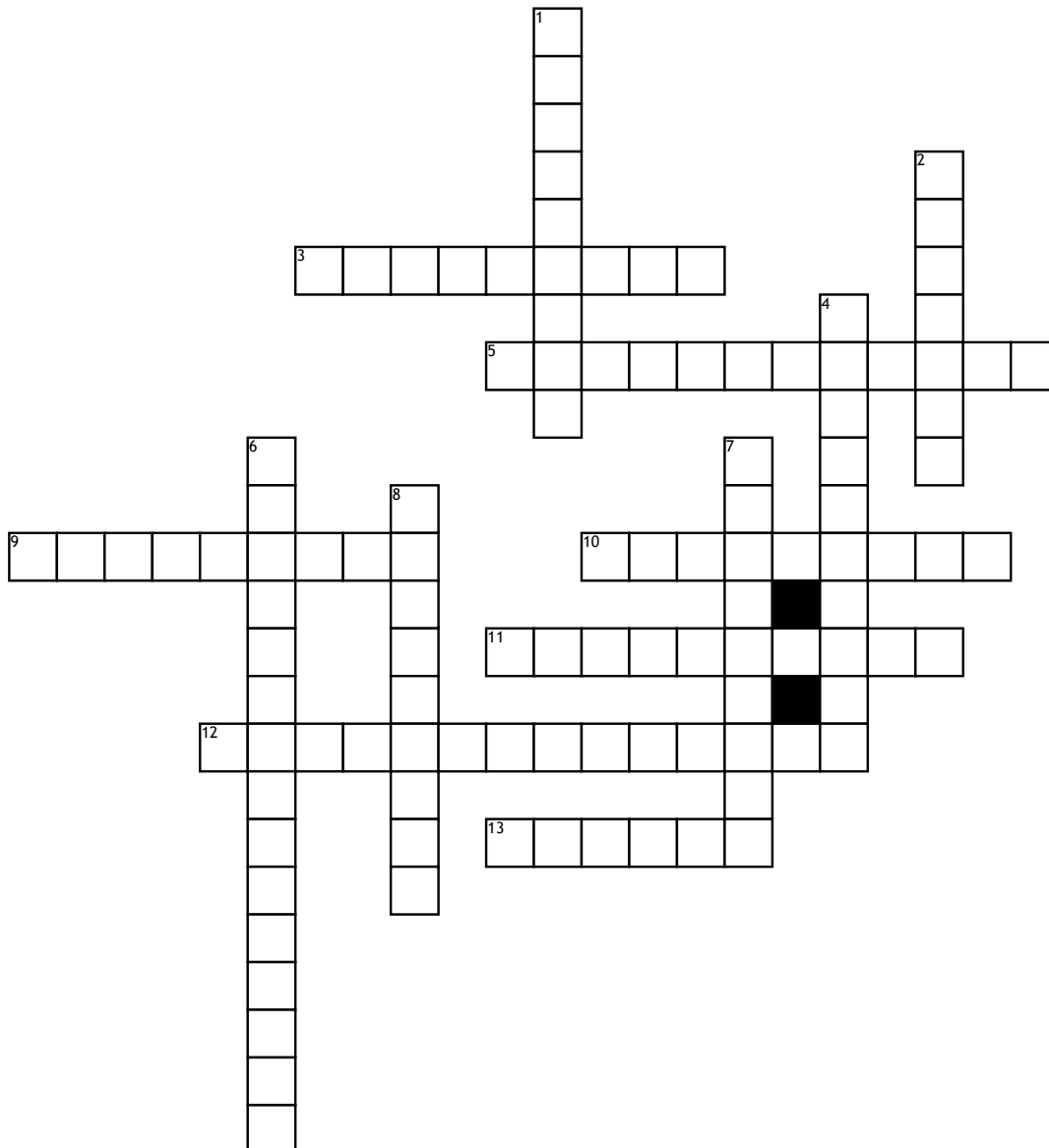


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Muscular Terms



## Across

- 3. palm down
- 5. bends the foot upward towards the shin
- 9. movement away from the mid-line of the body
- 10. straightening of a joint

- 11. palm up
- 12. bending of the sole of the foot by curling the toes toward the ground

- 13. stationary end of muscle

## Down

- 1. movement toward the mid-line of the body

- 2. bending a joint
- 4. movement in an inferior direction
- 6. rotation away from the mid-line
- 7. movement in a superior direction
- 8. always gets closer to origin