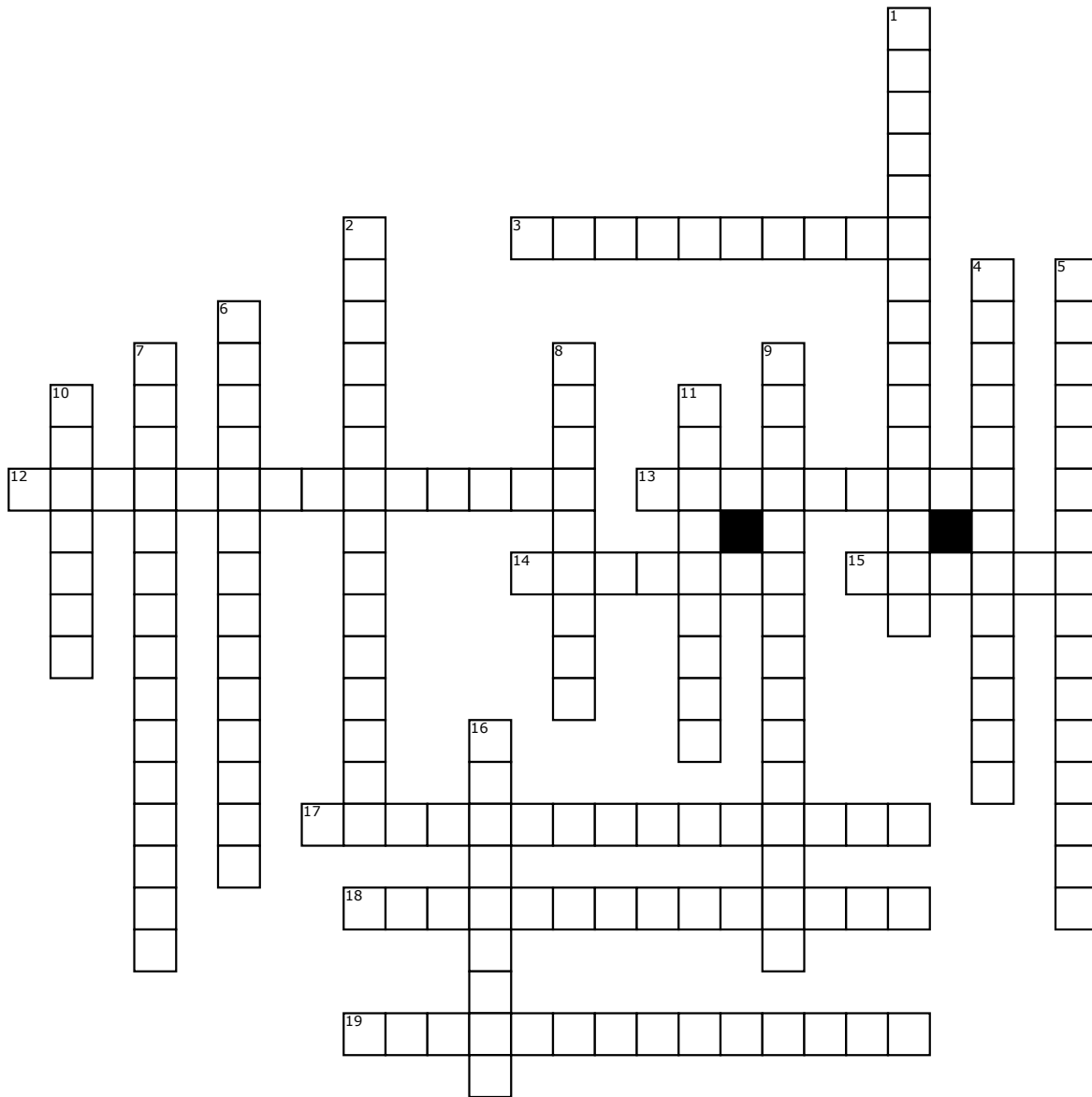


# Muscular System Crossword Puzzle



## **Across**

- 3.** The large muscle at the front of the thigh, which is divided into four distinct portions and acts to extend the leg.
- 12.** The largest and the outermost layer of the gluteal muscles.
- 13.** It is the largest muscle in the entire muscle.
- 14.** Any of several muscles having three points of attachment at one end, particularly the large muscle at the back of the upper arm.
- 15.** The large muscle at the front of the upper arm that flexes the forearm.
- 17.** A large muscle of the upper chest wall that acts on the joint of the shoulder.
- 18.** The smallest, thinnest, and deepest of the gluteal muscles.

- 19.** The tendon that connects the calf muscle to the heel.

## **Down**

- 1.** The \_\_\_\_\_ is located in the front of the body. It is where the 'six pack' is located.
- 2.** An abdominal muscle whose action diminishes the capacity of the abdomen and draws the chest downward.
- 4.** A fusiform muscle of the anterior thigh, one of the four parts of the quadriceps femurs.
- 5.** One of the anterior muscles of the leg, situated on the lateral side of the tibia.
- 6.** A muscle with origin from the shaft of the femur.

- 7.** A thin triangular muscle of the upper chest wall beneath the pectoralis major.
- 8.** A muscle at the back of a person's upper leg.
- 9.** A muscle with origin from the posterior ridge of the femur as far as the greater trochanter
- 10.** A thick triangular muscle covering the shoulder joint, used to raise the arm from the side.
- 11.** A large, flat, triangular superficial muscle of the shoulder and upper back.
- 16.** A muscle stretching over the forehead into the upper eyelid.