

Name: _____

Date: _____

Muscular System

W Q C X J W R A S Y I L A A F N G
C S Z P P F Y K Z A Z I M F I D G
U F P W E V U N E G Q U D S S D S
X R O E T C R F Q R P J D U R E S
Q K B P C R T B O R S Z M I O L J
T R C S V I W O K Q A Y V M D T N
X P T Z U I R Y R B Q P Q E S O Q
H S E Z T I S D T A O B P N U I Q
E L M C C I Z J A B L Z E C M D I
U A S Z I L B E L U U S C O I C P
L N Q S X B E I P V Q N I R S W B
E I A X X B Q R A A Q Q R T S Z Z
V M H L N U U H T L R U T S I B O
M O F W E Z W F X P I T U A T C T
J D J S T R Y N N P O S R G A T P
F B V V H A M S T R I N G U L U C
Q A T Z Z W H B A Q Y Q H C M A I

latissimus dorsi

gastrocnemius

abdominals

trapezius

pectorals

quadricep

hamstring

obliques

tibialis

deltoid

Tricep

Bicep