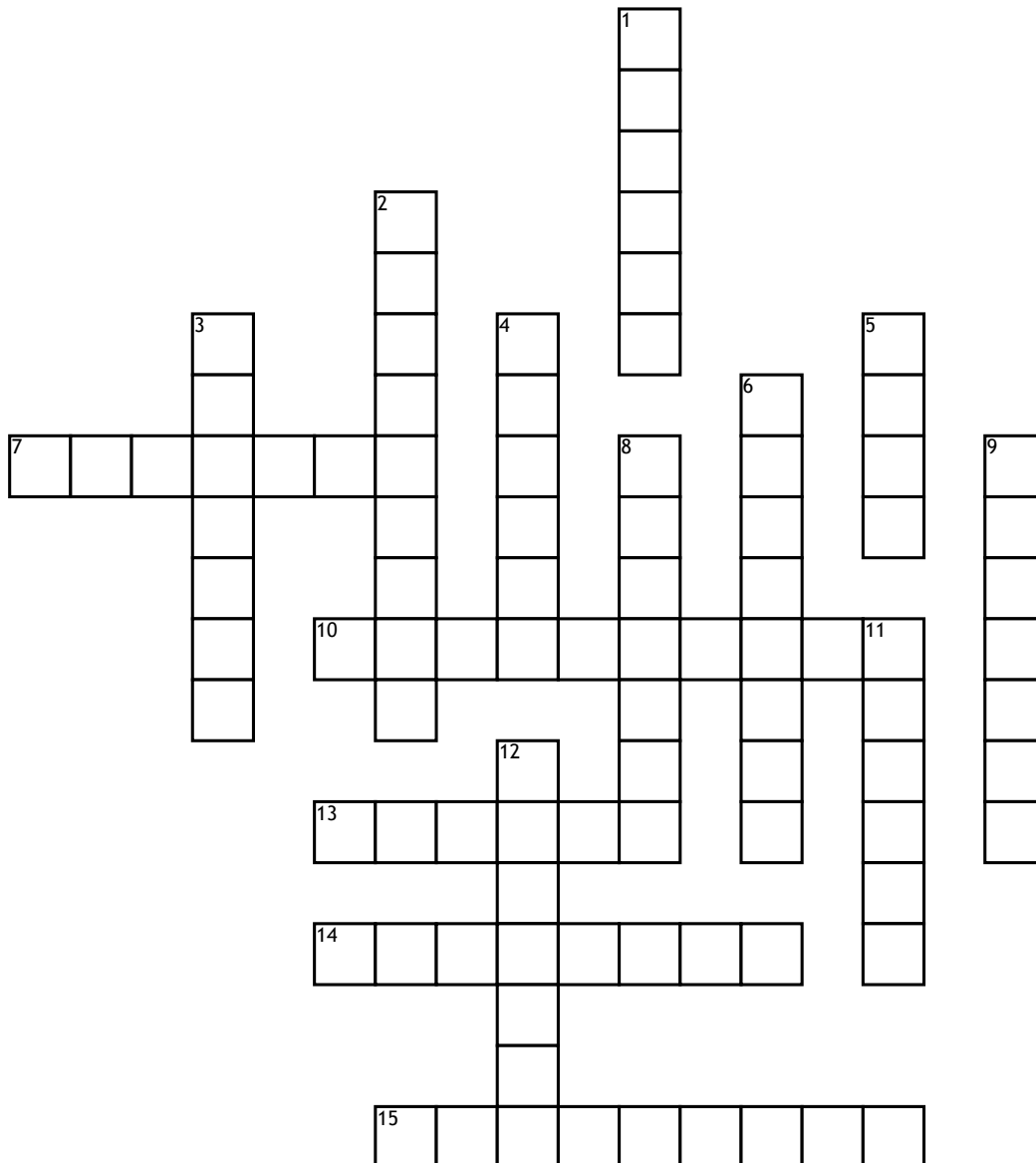


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Muscular System



## Across

7. What muscle is on the side of our torso?
10. Muscles in the top, front of our legs.
13. Muscles in the top, front of our arms, abbrev.
14. Our muscles can relax and \_\_\_\_\_
15. Muscle by our stomach.

## Down

1. Lifting weights help keep our muscles \_\_\_\_.
2. Smallest muscle in the body.
3. Muscles in the top, back of our arm
4. The muscles around our diaphragm allow for it to \_\_\_\_ and contract.
5. Show off a muscle.
6. The type of muscle near our bones.
8. The largest muscle is the gluteus
9. Type of muscle in the heart.
11. The type of muscle that surrounds our organs.
12. Shoulder muscle.