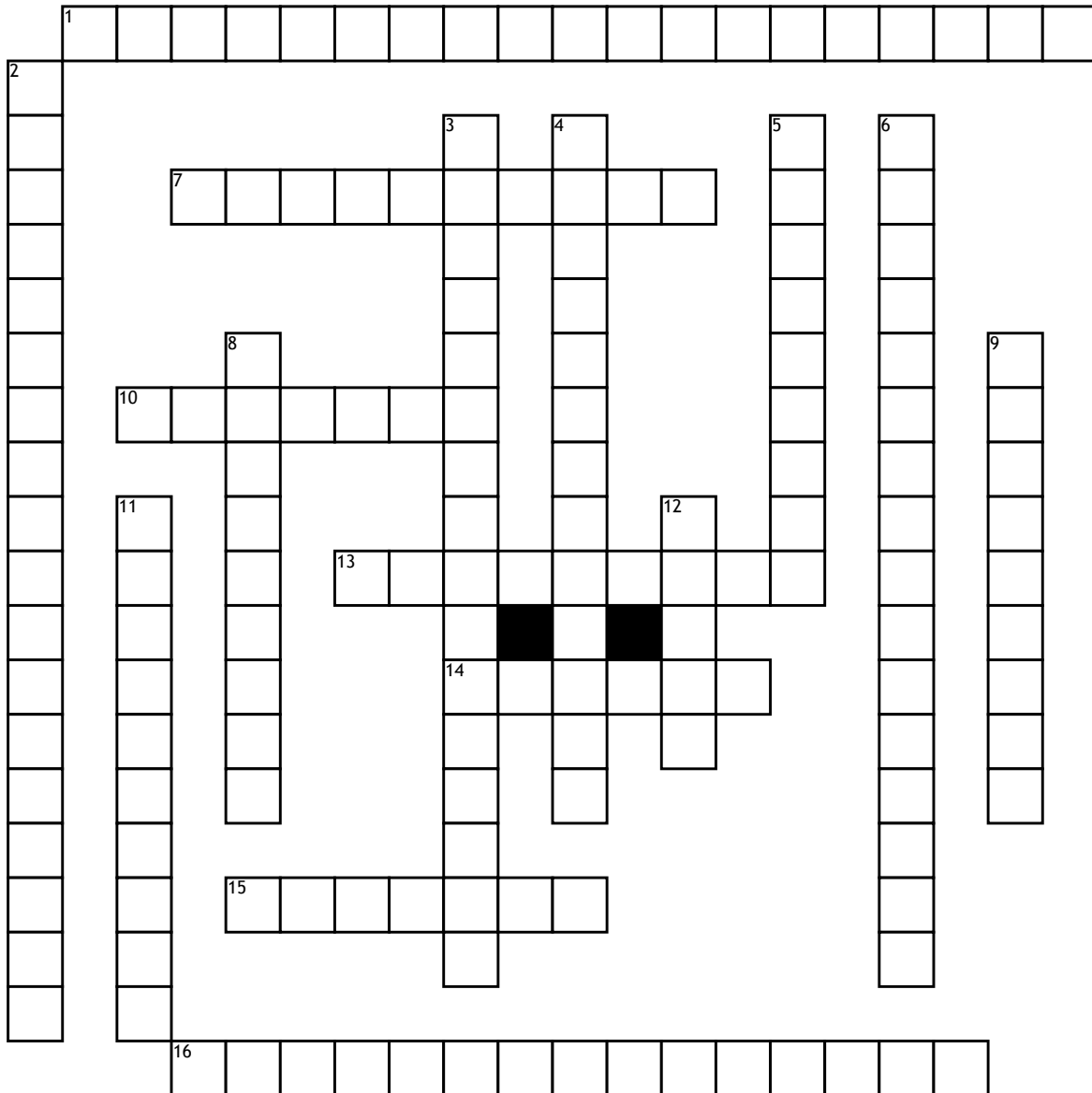


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Muscular System



## Across

- 1. Helps to move our head and neck
- 7. Where we may see a six pack
- 10. The collective name for the muscles at the buttocks
- 13. Extends over the back of the neck and shoulders
- 14. Back of the upper arm

15. Found at the shoulder, forms a rounded shape

16. Found at the back and stretches to the sides

## Down

- 2. Found between the ribs. Help with breathing.
- 3. Runs down the outside of the shin. Clue - tibia
- 4. Commonly known as the 'calf'. Located at the back of the lower leg.

5. Found at the chest

6. Found at the sides of the abdominals

8. Front of the upper leg

9. Back of the upper leg. Clue - first three letters make up a popular sandwich filling

11. Help the hips and lower body move

12. Front of the upper arm