

Name: _____

Date: _____

Muscles (PHS)

G Y D U C E Y U U A B E X T E N S I B I L I T Y
K G S C A I B C Y T I L I B A T I C X E F U L B
L O D I I H D L Q N D U X R P I A Q K Z O E I P
U V B R D T T Z J D O E L A S T I C I T Y H Y A
R D J C R O T I N A W I Z R N Z C A I C J M C F
A S E U A O L U K F T N T I T E H K F H X V E T
T E L M C M D G A D F R Q C A D D U C T I O N P
F B C D B S F V P O X P O F U R W R V G D T V E
V V S U N O I S N E T X E P J D N C X Q G J J M
I M U C H O T E P M A R C S H K B U R J F E Y H
G H M T S E V E W R R N N B G Y J A C X W V A T
H P A I T R O H Y V N O I T R E S N I M V E B O
M N H O R U S Q E S T D T C F B N N P V A Z U B
W I R N A T U N F I L W S A S K Z Z X D V E V G
Z G Q Z I C H I N V O L U N T A R Y S P R A I N
W I I C N A X P W X R X P F S I Z A H K R X D W
Z R X D T R R D C S J R N J N X O D Q V Y E U R
F O X D I T U U H O K O R G O M K N G B G Q Y L
L Y G D K N P D E L O E T Q D P N S U N V W U J
E G G H F O R U Z M A N L A N A X C Q L Q Z U K
X Y A F G C G W M B I C Q E E L I G A M E N T S
I R Z S F K N C O N T R A C T I B I L I T Y E P
O D X H V O L U N T A R Y S J A O B N D M N X H
N U C I R H S A I C S A F X P N L F A Z X U P F

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|-----------------|---------------|---------------|--------------|-------------|
| contractibility | circumduction | extensibility | excitability | contracture |
| involuntary | elasticity | extension | abduction | adduction |
| insertion | ligaments | voluntary | rotation | skeletal |
| atrophy | flexion | tendons | cardiac | origin |
| fascia | smooth | muscle | strain | sprain |
| cramp | | | | |