

# Muscles

B T D H L E A E R E C T O R B O S O O C B V D D  
 R L A T E L E K S C A R D I A C I R P X R L X L  
 N F B V I I H C A R B A P A K K L O M X A S E Y  
 E H R W F W I W I G S X A V F X A T I A C X H S  
 S O T J U Q B T T Z R E B D R X R C B S H Z I U  
 A P I O S Q I R L N N A M C V Z O U F I I S N F  
 R W D V O W G I O W E G C N R N T D I L O M T C  
 T B R I T M K C N S U G R I D B C D N A R O E J  
 O G R V O N S E G U Q K R O L S E A T I A S R C  
 R S Q A J T U P U T I D K E X I P U E B D E O S  
 I O U E C W L S S S L M O A V E S C R I I R S U  
 U L C E Q H O E D A B Q P R J N L H C T A R S I  
 S E B B H H I Y D V O Y D R T E O F O Z L A E Z  
 D U Z U P Z R A L U C R I C R B G C S O I T I E  
 D S R D E Z U X L F E G G E I S V P T H S U V P  
 F I Y R Y W V Q Q I D Y M C T N J H A M G S R A  
 I P A R A L L E L Q S O E E H D J O L P O E Y R  
 D V T P S I V E R B C P T V E W F E M O R I S T  
 E S U R H B J Q Q R S A P X N C D I O B M O H R  
 Q O E E B R O M A N N J C R A D F E B A S U Z M  
 X W C C L G A S B N G A S T R O C N E M I U S B  
 Q Y W T Z J Y G E S B O W Y S S G L U T E U S C  
 S P I U T H O P M Q L M U I L I O P S O A S Z L  
 C B Y S S E R E T T P W Q D S P E C I R D A U Q

brachioradialis  
 interossei  
 sarcomere  
 gracilis  
 tibialis  
 femoris  
 biceps  
 smooth

gastrocnemius  
 pectoralis  
 sartorius  
 parallel  
 brachii  
 gluteus  
 brevis  
 soleus

intercostal  
 quadriceps  
 trapezius  
 rhomboid  
 cardiac  
 oblique  
 flexor  
 thenar

brachialis  
 diaphragm  
 adductor  
 serratus  
 deltoid  
 pennate  
 longus  
 vastus

convergent  
 iliopsoas  
 circular  
 skeletal  
 erector  
 triceps  
 rectus  
 teres