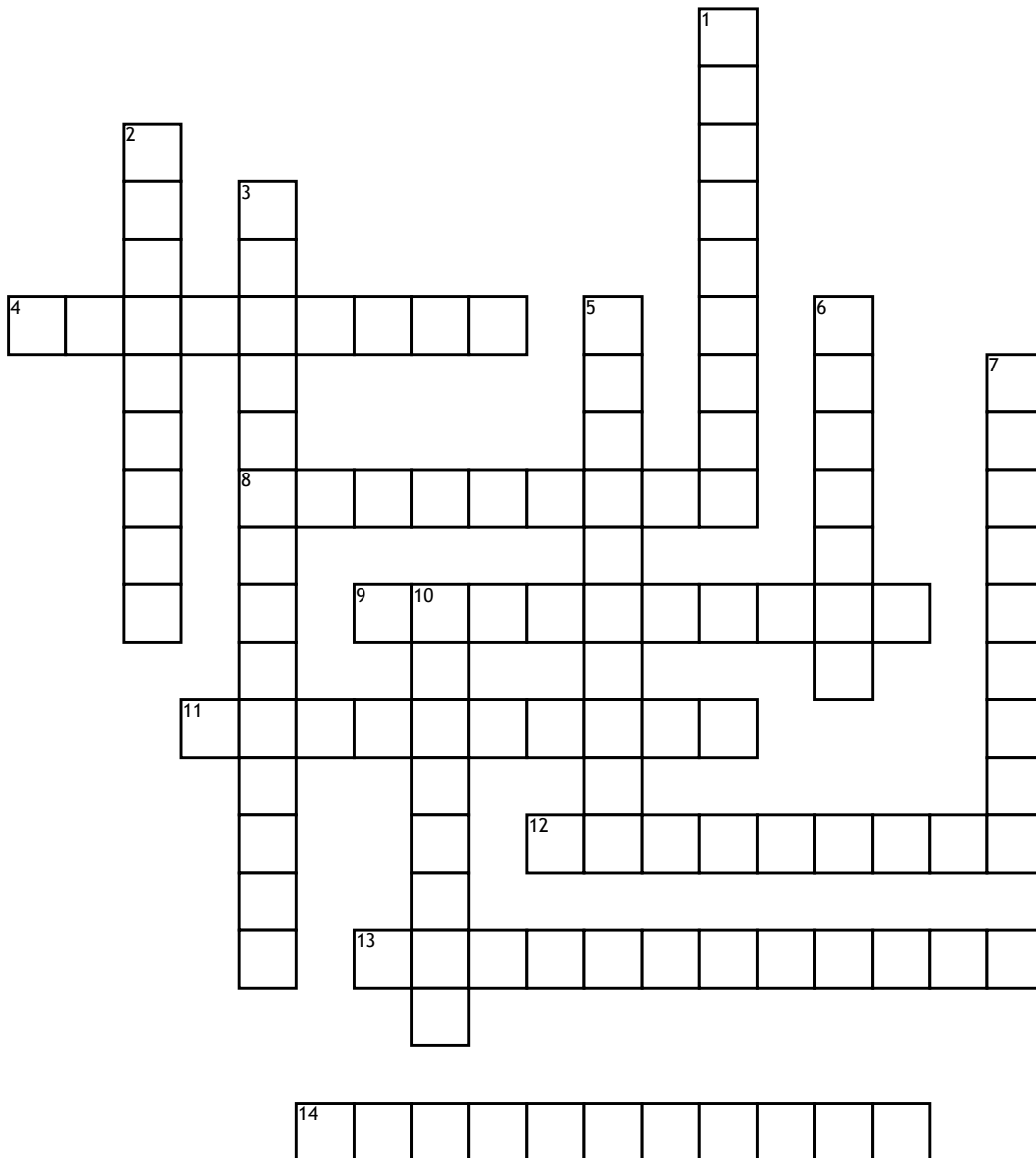


Muscle Movement



Across

4. moving a body part up
 8. moving toward the body's midline
 9. moving a bone backward without changing the angle
 11. moving a body part down
 12. turning the sole of the foot inward

13. bringing your foot upward toward your sin
 14. moving a bone forward without changing the angle

Down

1. Moving away from the body's midline
 2. Increasing the angle between two bones (straightening a bend)
 3. depressing your foot

5. rotating the forearm so the palm is facing forward or up
 6. Decreasing the angle between two bones (bending)
 7. rotating the forearm so the palm is facing backward or down
 10. turning the sole of the foot outward