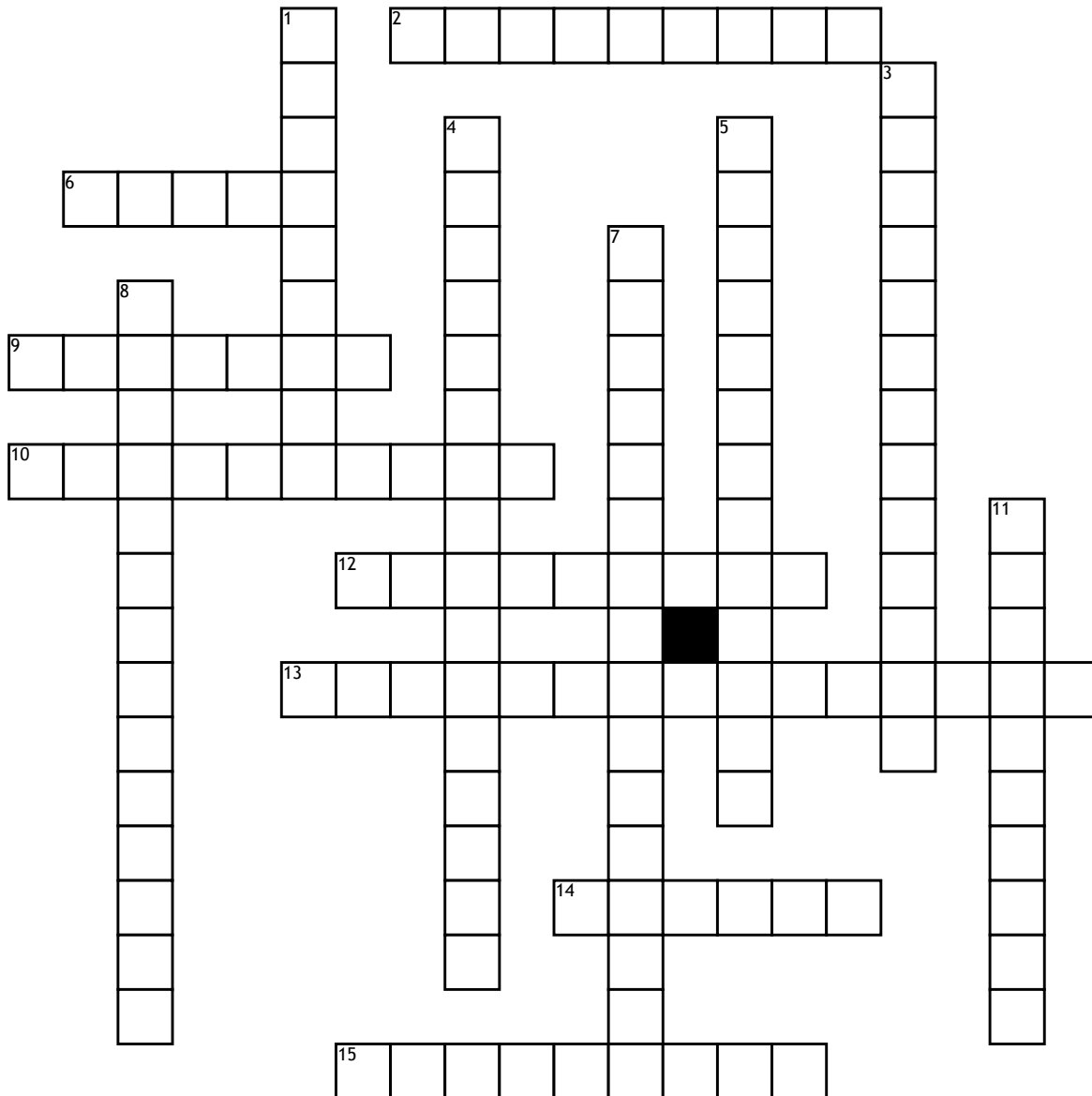


Muscle Crossword



Across

2. This muscle is also a shape

6. Muscle found in the upper arm used to lift things

9. Muscle in the shoulders

10. The _____ dorsi is found in the back

12. Muscle found in thigh

13. Muscle in the chest

14. You use this muscle to complete a bench dip

15. Muscles found on the back of the thigh

Down

1. Muscle on the back up near the neck

3. This is the muscle of the lower back

4. The muscle that goes along near your ribs

5. Muscle found in the lower leg also known as the 'calf' muscle

7. The muscle that runs down the front of your shin

8. The big muscle you sit on

11. This muscle is sometimes called a six-pack