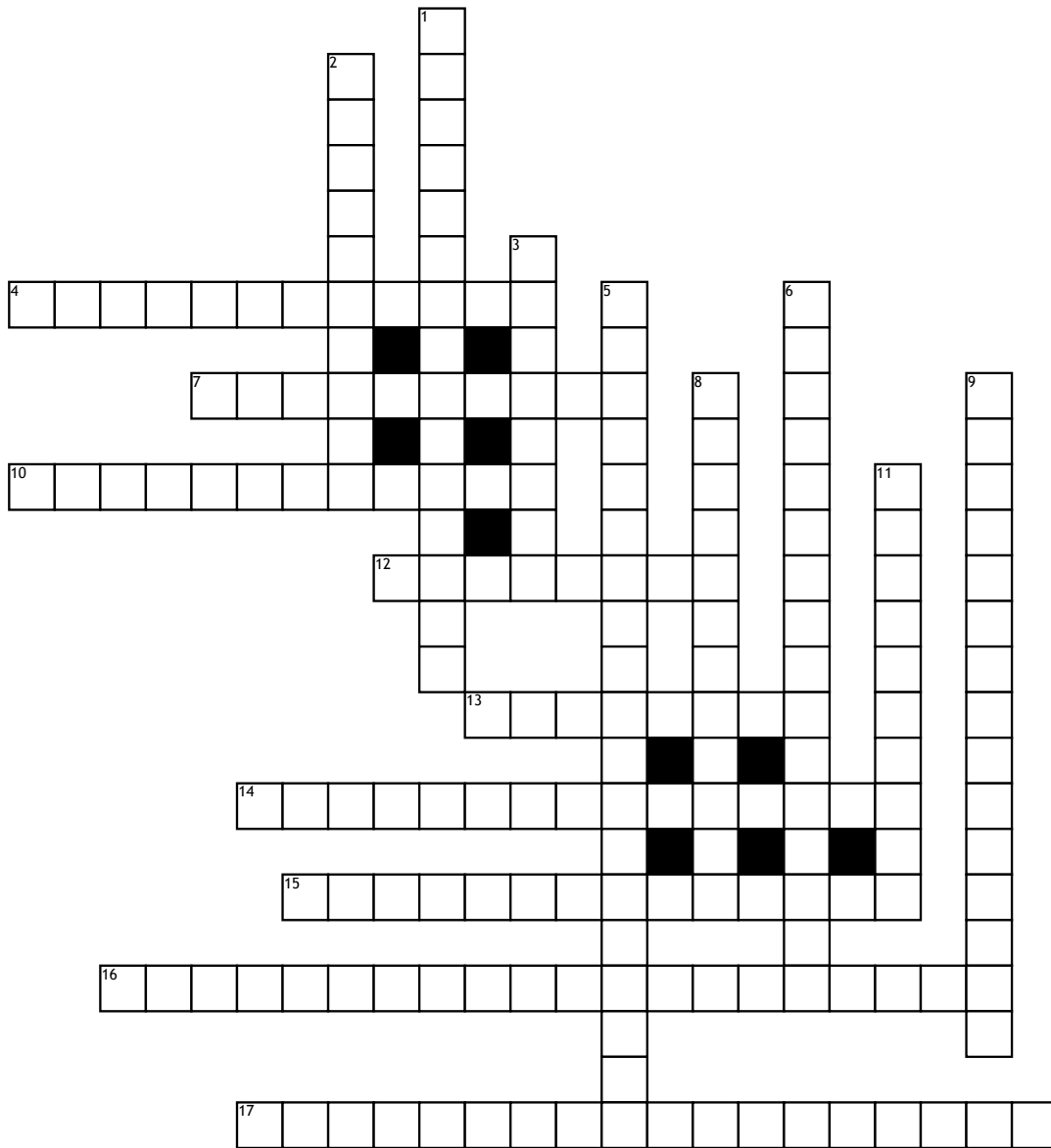


Mum Yoga Crossword



Across

- 4. Cobra Pose
- 7. Forward Fold
- 10. High Plank
- 12. Child's Pose
- 13. Hero Pose
- 14. Halfway Lift
- 15. Warrior 1

16. Upward Facing Dog

17. Downward Facing Dog

Down

- 1. Arms Over Head
- 2. Cow Pose

3. Mountain Pose

5. Low Plank

6. Ragdoll

8. Cat Pose

9. Warrior 1

11. Seated Chair