

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Moving and handling

I Z B J S G N I V O M P O I E E A  
P C U S W W E D D O K S I D U K E  
L G U S L I G V K Z A J N K G E R  
B C D E R U T S O P C V S F E M E  
S I S C I A T I C A C J O D M L T  
T V F J Y B Z F R F I J Q R C H R  
S S H N H L I U B M D M E S K N I  
C B L B C M I Z M C E L U M W H P  
I A A I Y P W F S O N M K J X D P  
M N X C D R A B T A T S P C P Y K  
O R F Z K E U I H N M S P S H C U  
N A W U I I S J N N F B V R G Q D  
O Y J A H E V H N D T D X V A A Z  
G A Z Y O T F Q E I K C C V H I Q  
R Z J P I V V Z I E P G Q V N Q N  
E W K I S Y U C O I T D P V O R Z  
R Y L O T T L S R K P S O G Q E U

Slide sheets	Ergonomics	Sciatica	Accident
Posture	Injury	Moving	Muscle
Sprain	Hoist	Back	Disk
Lift	Pain	Trip	