

Name: _____

Moving and handling

1. TIED _____
2. STAAMH _____
3. TABSIH _____
4. EARTH _____
5. INGSXIET CKAB RPOSLBME _____
6. TSLLYFIEE _____
7. OORP PISHYCAL NSFTEIS _____
8. KMORSE _____
9. VOER IEHWGT _____
10. ENTPRNGA _____
11. GNREED _____
12. SRTGTENH _____
13. EHIHGT _____
14. OIIVATMTNO _____
15. UTETTIDA _____
16. KENEWOGLD _____
17. SLLISK _____
18. LIGYATI _____
19. TINCHGLO _____

Word Bank

Lifestyle

Knowledge

Pregnant

Agility

Asthma

Heart

Gender

Motivation

Poor physical fitness

Existing back problems

Skills

Habits

Strength

Over weight

Height

Diet

Clothing

Smoker

Attitude