

Name: _____

Date: _____

Move to the Beat of Your Inner Child

B Z T H G I L E D M O D E E R F X
E T J M W P V I B R A T I O N B I
C Z O O O H L Z G Y Z P T E L R M
H N Y I N V D A R H L P L A Y I A
A E L A D Y E E Y L T R E Q Q G G
K N S Y E M V M T B C E C P X H I
R O I K R O B L E A O T N F U T N
A U Q A C N O G M N R O M U X E A
S G S S Z R M L N K T O K N P S T
I H I F H N Z Y J I E G G V V T I
G D Y T I V I T A E R C R I T V O
R N O I T A X A L E R O P M V R N
K N O W I N G C E T H J L X I N W
W R O Z K G J M U S I C N O U Q I
P T L I G H T X M H T Y H R C T N
T L C I M E D I T A T I O N M E Z
G E C N E D N E P E D N I C O X U

independence	imagination	invigorated	creativity	lighten up
meditation	relaxation	brightest	discovery	vibration
coloring	movement	playbook	chakras	delight
freedom	knowing	enough	rhythm	wonder
light	music	play	fun	joy