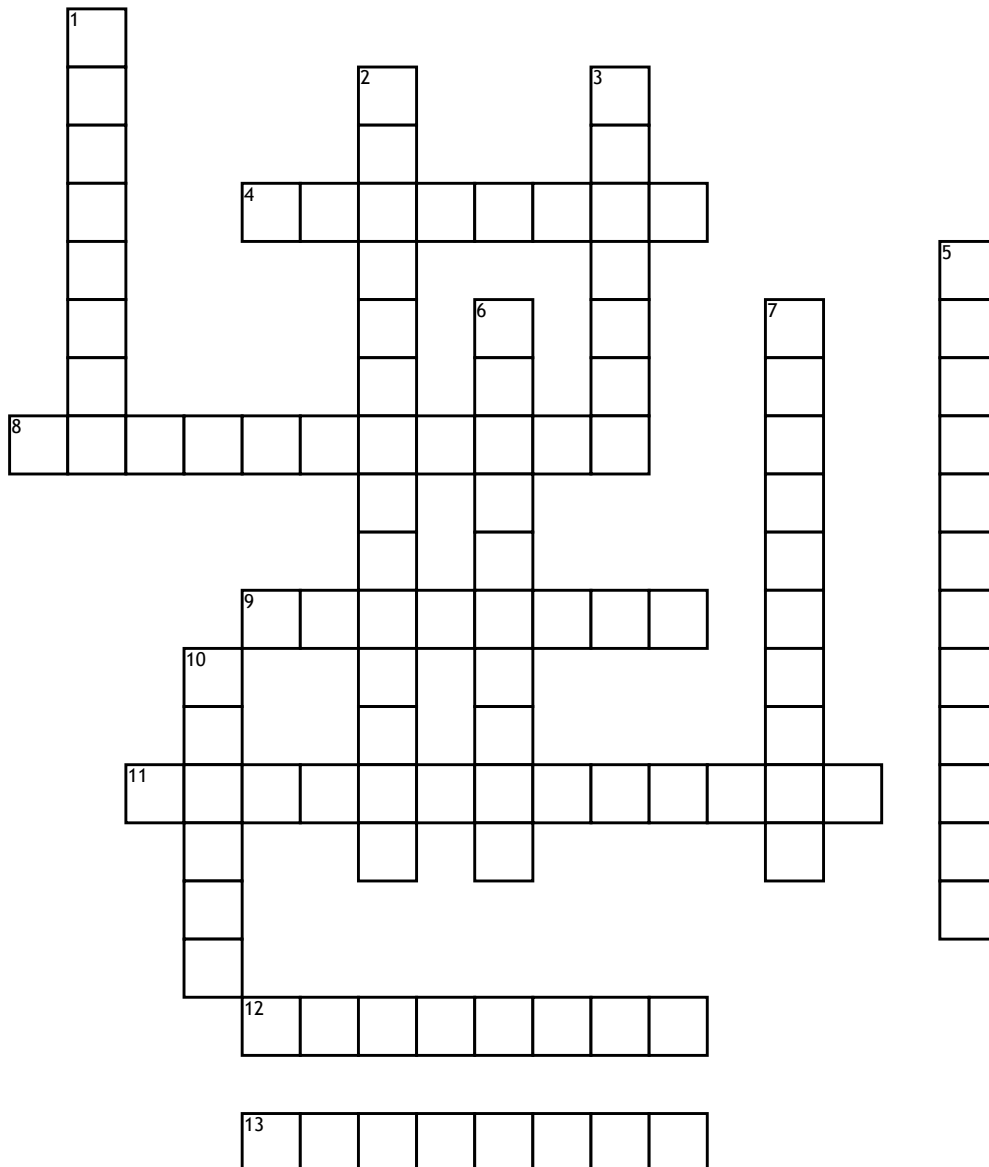


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Motor Behavior



## Across

- 4. what do you call a single movement with a clear beginning and end?
- 8. What goal focuses on improving aspects of performance based on their prior performance.
- 9. What phase do you set goals, develop instructions and design practice schedule?
- 11. When there are outside pressure being put on the performer what kind of constraint is being used?

- 12. What phase do you identify the factors that influence the behavior the person, skill, and environment?
- 13. what do you call a buzzer, a light, or a spoken word?

## Down

- 1. What is the single most important factor in achieving motor skill expertise?
- 2. what has multiple stimulus signals but only one response?
- 3. what kind of goal is it when you focus on the end result of the activity?

- 5. what is the time between the stimulus or go?
- 6. What do you call a repetitive movement with no clear beginning or end?
- 7. intellect, motivation, anxiety, stress, memory are examples of what constraint?
- 10. what has multiple stimulus signals and each one has a specified response?