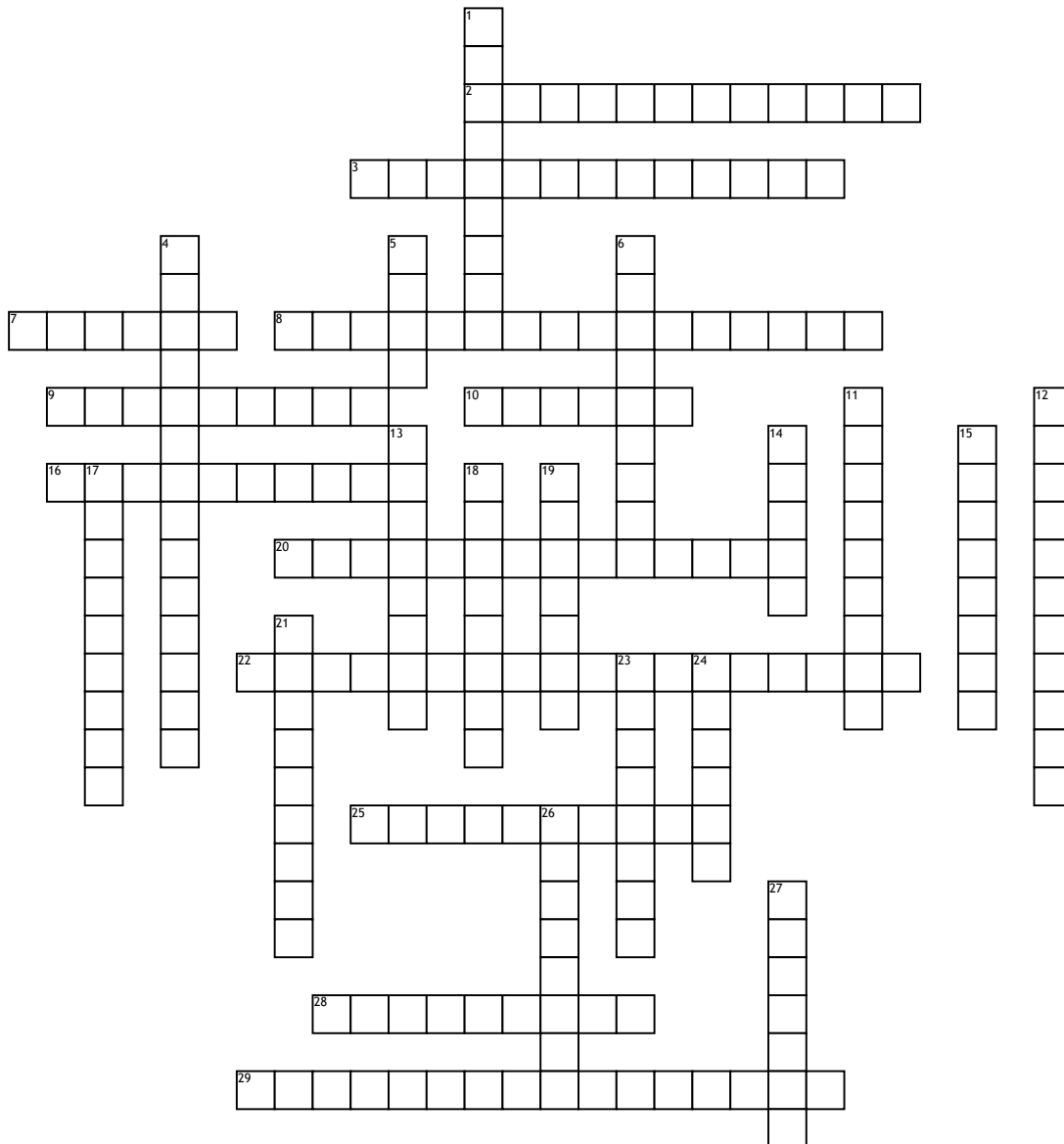


Motion Terminology



Across

2. Flexion of the ankle.
3. The circular movement of a limb.
7. Towards the midline of the body
8. Rotary movement around the longitudinal axis towards the midline.
9. Behind, or closer to the back of the body
10. Further from a specific region of the body (trunk)
16. Pulling shoulders down.
20. Extension so that the angle of a joint is greater than normal.
22. Starting Reference Point for describing the Human Body?
25. External rotation of radius resulting in palms up.
28. Movement towards the midline of the body.

29. Rotary movement around the longitudinal axis away from the midline.

Down

1. Movement away from the midline of the body.
4. Extension of the ankle.
5. Further from the surface of the body.
6. Internal rotation of radius resulting in palms down.
11. A straightening movement, increasing the angle of a joint.
12. Closer to the surface of the body.
13. Closer to the bottom of the body.
14. Lying face down.
15. Closer to the top of the body.
17. Raising shoulders upwards.
18. Tilt the sole of the foot away from the midline of the body.

19. Away from the midline of the body
21. Tilt the sole of the foot towards the midline of the body.
23. Closer to a specific region of the body (trunk)
24. Lying on the back.
26. In front of , or closer to the front of the body
27. A bending movement, decreasing the angle of a joint.