

Name: _____

Date: _____

Minerals

E D I R O L H C I H J G A H E S H A O J A C I V
B K D P O T A S S I U M E Y G U N Y K C W K W C
L W I G G Z A K S S A L M O N V R H C A N I P S
U P B P P R E P P O C Z W W W I E A X V D A W I
W X L B M S U R O H P S O H P R N X J W J I V N
E Q A S P L I T P E A S F C T Y Z W T K O M E T
J F Y L G I A L Q M U I L O C C O R B D V A A O
S D G A E D C E R E A L H S T V U P I J X X Z M
W L A T I V D M U I D O S F N Q G N G H B H S A
E W V C S E I C M X S E U M J Y E C R E O C T T
H D S S O B N N N I B O L G O M E H E S T R P O
S U F I Q B Y I I Y E Y K E B L Z F A X F K J E
A Z A F U W A Z F C G E O Q J H B J I R Q G R S
C F Q N W P N L V A R B A N A N A S H S I L A U
Y C A S G X C Z T L C J J I F Z Y M B R Y Y I O
L Y S D N O M L A C M J G J E F O M O E B N S J
S E N I D R A S Q I X V L S L Y G N K W A Y I I
M U I S E N G A M U M U E U W Z U Q C U B N N Q
M I L K B W S B D M E N O I N O R I L J U T S W
M Y L U P K R S N P A R K T P R T W I D N D R Y
S I K O F V L C L G I Y V M E A V B U Q G U O W
L N R U M W R R N D X L C H U N C P A S N L C G
L K R U F A U A E J R L R B J G B J E O Z X B I
V G K M J X M L E S E E H C F E S U L F U R S K

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|------------|------------|------------|-----------|-----------|-----------|
| split peas | hemoglobin | phosphorus | manganese | potassium | magnesium |
| tomatoes | broccoli | sardines | fluoride | chloride | almonds |
| cashews | spinach | bananas | raisins | calcium | orange |
| cereal | salmon | yogurt | cheese | cobalt | iodine |
| copper | sulfur | sodium | beans | pork | beef |
| zinc | milk | iron | | | |